

## **Kindergarten Recreational League**

Recreational Program is designed to be fun and to develop skills through principles of sportsmanship and fair play.

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### **High School basketball rules will govern play with the following modifications:**

1. Kindergarten league will use a junior size (27") basketball and will play on an eight-foot basket.
2. Every team member must play an equal amount of time.
3. There will be four, 6-minute quarters using a running clock. The clock will stop on free throws and time-outs and on all dead balls during the last minute of each quarter.
4. There will be no score displayed on the score board and no score recorded on the score sheet.
5. The game will be started with a jump ball. All subsequent jump balls and the start of the remaining quarters will be alternating possessions.
6. 5-second key violation.
7. Free throws will only be awarded on fouls committed on the shooter. Depending on measurement tools/lines and court availability free throws will be shot from (8) feet from the basket. The shooters feet may cross the line after the shot has been released, but should be encouraged to learn the proper technique of staying behind the line until the ball has touched the rim of the basket. No bonus foul shots will be awarded.
8. Only man-to-man defense can be played. Double teaming will not be permitted. Colored wrist bands will be used to signify who guards whom. No technicals will be called as a result of an illegal defense. No defense can be played until the ball crosses the half court line. No full court press allowed at any time.
9. The (head) coach can go up and down the court with their team to help direct the players, but should not interfere with play and should remain on the sidelines. (Do not run the floor with the children.)
10. Each team will receive two, 1-minute timeouts per half. Unused timeouts in the first half do not carry over to the second half.

\*Rule interpretation and enforcement will be at the discretion of the recreation staff (officials, site supervisors, coordinators, directors, etc.).