

SKI & SNOWBOARD PARENT INFORMATION SHEET

2017 Friday After School Ski & Snowboard Program

Salt Lake County Parks & Recreation & Central City Recreation Center, 385-468-1550

**Please review this information with your child before
the first day of the program.**

Sunni Hobbs-McKinney, Central City Recreation, Program Coordinator, 385-468-1554, shobbs@slco.org

Dates of program: After school on Fridays, February 3, 10, 17, 24, March 3, and 10.

There is no school March 3rd. However, the program will go on as usual.

Make up day for lessons cancelled due to inclement weather, road conditions, etc. will be announced as needed. No refunds or make-up days will be given for any missed days unless the program is cancelled by Central City or Brighton Staff.

Where & when: Program runs at the Brighton Ski Resort. Children will be transported from Bonneville Elementary and back via chartered bus. Participants are dismissed from class at 12:25 pm to use the restrooms, drop off their backpacks on the carpeted entry of Bonneville, gather and load their ski equipment, and board the bus. – **PLEASE make sure your child knows that he or she must get to the bus quickly and quietly!** Lessons are from approximately 1:30 – 3:30 pm. Parents pick up their children at approximately 4:30 pm **back at the school; return time might vary depending on weather conditions and canyon traffic. The school front entry will remain open for parents to pick up their children's backpacks after lessons at Bonneville. For liability reasons, participants may not ride up the canyon with friends or family AT ANY TIME!**

Supervisors: There will be 2 supervisors assigned to each bus to assist participants. They will help students with loading and unloading buses, ensure safety while on the bus, and make sure all skiers/snowboarders are safely picked up at the end of the day. *Participants will be responsible for carrying their own equipment to and from the bus.* We always need parent helpers just for the loading. Please sign up if you haven't already with Rachel at raweir@gmail.com

Program details: Students will receive 6 lessons of skiing/boarding with approximately 2 hours of professional instruction. You are responsible to make sure your child is dressed appropriately, and that their equipment is ready to go for each lesson. If they are not adequately prepared for the mountain they will not be allowed to participate, and no refund will be given. **If you are going to miss a lesson because of illness, injury, etc. please call 385-468-1550 to notify the program coordinator of the absence. Otherwise the bus may wait for you and make other participants late.**

Ski/Snowboard Rental: Students must provide their own equipment, and have it with them when loading the bus. **Please put your name on your equipment.**

Emergency Procedures: In the event of an injury to your child Salt Lake County staff will work with the ski resort to notify the parents as soon as possible. If the busses will be more than 45 minutes late, or if there is any other emergency, Central City's staff will notify the parents immediately of the situation. If your child is injured during the lessons you may be required to pick up your child from the resort medical center. (If this happens you will be notified immediately.)

***I will be communicating all non-emergency information via email, mass texts, and Central City's Facebook page (general updates, weather issues, etc.) BE SURE I HAVE YOUR BEST EMAIL ADDRESS AND CELL NUMBER WHEN REGISTERING YOUR CHILD.* Sometimes my emails get sent to spam, please check that folder as well.**

Program Schedule:

Before School: Please bring your child's skis/ boards and equipment bags to the front hallway of the school Friday before your child goes to class. Be sure to do this early enough so your child isn't late. Please drop these items under the appropriate bus signs.

Loading: Please be early, **busses will leave promptly after everyone is loaded.** Pack an easy snack for your child to eat on snack for them to eat on the way down. It would be helpful for the cleanup crew on the bus if you reminded your child to throw items away in designated trash bins on the bus.

1:15-1:30pm Arrive at Brighton Ski Resort: CLEARLY LABEL SKI & BOARD EQUIPMENT. Please have the participants ready to ski upon arrival-this includes wearing most of their ski gear on the bus. Many participants just wear warm clothes (like sweatpants & sweaters) to school and then put their ski pants/bib on over them. Backpacks, street shoes, skis, poles, snowboards, and other equipment should be **clearly labeled** with the child's name. (Masking tape works well for this.) Participants will leave their personal items on the bus during the lessons. **Please do not allow your child to bring valuables-we will not be responsible for lost or stolen items.**

1:30-3:30pm Skiing/Snowboarding Lessons: Students will receive lessons from the Brighton Ski School instructors. Experienced instructors will help facilitate learning in a fun and safe environment!

3:30pm Load Buses: Students must ride home on the same bus they arrived on. **NO EXCEPTIONS! For liability reasons, participants may not ride home with friends or family.** Every student is expected on the bus by 3:50 PM. Late and disruptive students will be verbally warned. If students are continually late or disruptive, they will be dropped from the program without a refund. Inappropriate behavior will not be tolerated, and if necessary participants may be dropped from the program without a refund.

4:00pm Depart from Brighton

4:30 Return to School: This is an **approximate** arrival time. Arrival time depends on the weather, road conditions, instruction, promptness of loading, and traffic. Please be patient as we as we do our best to return back to your school in a safe and timely manner. **Please make necessary arrangements for rides home from school.**

Frequently Asked Questions:

1. “What if my child is put in the wrong class?”

Answer: Before the program begins Brighton assigns each participant to an instructor based on the ability level that parents have indicated on the registration form. The 1st day of lessons instructors will evaluate each child to make sure they are in the correct class. Most changes (if necessary) will be made by the 2nd lesson. If **after the 2nd lesson** you still feel your child has been placed inaccurately please contact the Program Coordinator at shobbs@slco.org

2. “What if my child isn’t dressed appropriately to go up on the mountain?”

Answer: Because of the liability involved with not being appropriately dressed (hypothermia, potential illnesses, etc.), if a child forgets their gloves, coat, comes to ski/board in jeans, or forgets another important piece of clothing they will not be allowed to participate. If this happens your child will sit in the lodge with a supervisor.

3. “What if my child forgets something on the bus?”

Answer: If your child forgets something on the bus (hat, glove, backpack, goggles, etc.) and it is found by the bus supervisor and has your name on it (LABEL EVERYTHING!) it will be collected by the bus supervisor and left in a bin at the school for pick up.

5. “What happens if my child misbehaves or doesn’t follow directions from the bus supervisor or ski instructor?”

Answer: We want everyone to be safe and have a fun time in the program. Poor behavior will not be tolerated. As a 1st step, most students will receive a verbal warning and be asked to correct the behavior. However, if problems persist participants may be dropped from the program without a refund.

7. “What if my child is sick and can’t participate with the program?”

Answer: If your child is sick and not at school please contact Program Coordinator at **385-468-1550** before 12:00 pm so that we can notify our staff so the bus will not wait for them. If your child gets sick on the bus or during the lesson they will be escorted to the Medical Clinic to wait with a supervisor. Depending on the remaining time in the program and seriousness of the illness you may be asked to pick your child up at Brighton. No refunds will be given for missed days due to illness.

8. “What if my child is injured during the program?”

Answer: Participants injured during the lessons will be taken by Ski Patrol to the Resort Medical Clinic. **You will be notified ASAP.** Depending on the injury, you may also be required to pick up your child at the clinic. (We cannot transport injured participants down the canyon.)

9. “What if the rental company made a mistake on the equipment?” (2 left boots, bindings that are not adjusted to fit skis, etc.)

Answer: Participants that are not safely equipped will not be allowed to participate. Please check your child’s equipment each week before Friday to ensure that it is ready to go. As well, please show your child how to properly put boots/skis/snowboards on. The process can be frustrating for newbies if they’ve never been shown before their first day of lessons. No refunds will be given for missed days because of faulty equipment.

Clothing & Equipment (If student is not dressed appropriately they cannot participate):

Clothing: The Ski & Snowboard program takes place at high elevation. Temperature and wind can vary dramatically. We recommend a layering system of at least three layers. Cotton fabric is *the worst* fabric for insulating the body. Fabrics such as wool and polypropylene help extract moisture away from the body.

Recommended Layering:

- Top:
1. Warm body layer such as: base layer, long sleeve shirts, or turtlenecks.
 2. One or more insulating layers such as sweaters, vests or sweatshirt.
 3. Wind/water-resistant and lined jacket or parka.
- Bottom:
1. Base layer
 2. Wind/water-resistant pants. **NO JEANS!!**

Other Necessary Clothing:

1. Beanie/Hat to help prevent loss of body heat.
2. Properly fitted helmet.
3. Wind/water resistant gloves or mittens **are required. (No knitted gloves/mittens allowed)**
4. Light tinted goggles.
5. Warm socks. **Cotton is the worst!** Wool, acrylic or polypropylene is much better.
6. Scarf or neck gaiter and additional layers just in case.
7. Sunscreen of 15 SPF or higher.

Equipment: Ski bindings should be adjusted at the beginning of every season by a certified binding technician. Also check rental equipment to make sure that it is ready to go (Check to make sure that bindings are correct, that you don’t have 2 left boots, etc).

CHECKLIST OF ESSENTIAL EQUIPMENT

- Warm base layer top and bottom
- Fleece and/or other warm insulators
- Ski/Snowboard pants
- Parka or jacket
- Extra sweaters, coats, sweatshirt, etc. just in case
- Beanie/hat and Scarf or neck gaiter
- Gloves—**no mittens, gloves must be water resistant**
- SPF 15 or higher sun screen
- Goggles
- Warm socks
- Skis or Snowboard
- Boots & Poles
- Backpack or bag to keep shoes and extra things
- Name on all personal belongings—INCLUDING Skis, poles, and Snowboard (avoid bringing valuables)

We are looking forward to another great season! Get ready for fun on the mountain!