

2017 SUMMER SUPER SPORT

INFORMATION SHEET Summer 2017

Thank you for participating in our summer super sport program! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.

Our 2017 Summer Super Sport program is great for learning the fundamentals of various sports with an emphasis on fun and fair play. This program is for boys and girls going into Kindergarten to 6th grade. Dimple Dell Recreation camp is a great opportunity for kids to learn FUNdamentals, with a focus on respect, discipline and proper attitude, while helping them develop sport skills. We will also focus on team—sports with a variety of activities to keep the activities fun and interesting.

Some of the fun sports we play are: Basketball, soccer, volleyball, flag football, lacrosse, rock climbing, and many more! Each sport has many different drills and games to play to keep them fun!

Days and Times:

Dimple Dell Recreation is offering the following days and time for our Summer Super Sport:

1. Monday, Wednesday and Friday Session

- A. Monday and Wednesday Session are at Dimple Dell Recreation: 8:45 a.m.—12:30 p.m.
- B. Friday Session at Draper Outdoor Pool (657 Vestry Rd): 12:00 p.m.—3:45 p.m.

Monday, Wednesday and Friday Session is half—day sessions only

2. Tuesday and Thursday Session

- A. Tuesday and Thursday Session is at Dimple Dell Recreation: 8:45 a.m.—5:15 p.m.

The Tuesday and Thursday session is an All—Day session only

Important Information:

- There is no signing your child in and out this year.
- If you chose to drop your kids off before camp begins there will not be a counselor available to watch them.
- Parents are required to sign the behavioral agreement (found online and at the front desk) and turn that in the first day of camp.
- A monthly activities calendar will be available to view online.
- No Camp Tuesday, July 4th OR Monday, July 24th

Location:

Monday, Tuesday, Wednesday and Thursday Sessions are held at Dimple Dell Recreation (10670 South 1000 East) and Friday session is held up at Draper Outdoor Pool (657 Vestry Road).

What To Bring:

Campers will need to bring a lunch each day they are attending: If attending Friday session at Draper Pool there is a lunch option available for registration, but that is not a requirement. Along with a lunch you will want to have a water bottle, swim suit/towel (on swim days only), sunscreen and close toed shoes are recommended.

Swimming Days:

Listed below are the swimming days for this summer of camp. Fridays we will only be swimming and Tuesdays we will be swimming in the afternoon—there will be time to change before swimming.

Tuesdays	Fridays
June: 13, 20, 27	June: 16, 23, 30
July: 11, 18, 25	July: 7, 14, 21, 28
August: 1, 8	August: 4, 11

For more questions please email Allison at albarr@slco.org

Please see the reverse side for Upcoming Programs and Head Concussion Policy and Procedures—————>

UPCOMING DIMPLE DELL PROGRAMS

Spring Basketball: April 2017

Summer Basketball: June 2017

T-Ball: April 2017

Outdoor Soccer: April 2017

Youth Volleyball: Fall 2017

Track & Field: June 2017

Summer Tennis Lessons: June 2017

Fall Basketball: September 2017

Cross Country: September 2017

10 & Under Tennis: Year Round

Swimming Lessons: Year Round

Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage www.slco.org/recreation/taylorsville.youthSports

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

Now Hiring

Lifeguards	Lacrosse	Front Desk
Aqua Sport Counselors	Rec Basketball	Flag Football
Soccer	Rock Wall	Super Sport Counselors
Swim Instructors	Track and Field	Pre—Comp Swim Coaches
Tennis	Arts & Games in the park	Draper Outdoor Pool

- Must be 16 at time of hire.
- Work Hours: Weeknight evenings and Saturdays.
- Bring your friends and work together!
- Earn some fun spending money while having fun!
- Free center membership for all staff.