

ZUMBA

Latin inspired dance fitness class based on interval training.

Come see what all the buzz is about!

Open to all fitness levels.

Day	Time	Instructor
Tuesday	8:00-9:00 AM	Gail
Saturday	8:10-9:00 AM	Maysa



For inclusion opportunities for people with disabilities, contact Ashley at 385-468-1520 or abowen@slco.org.



Sports Complex • 385-468-1925
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