

# Boys Rec Youth Basketball

## 2017 FALL INFORMATION SHEET



**Thank you for being part of J.L. Sorenson Recreation Center Youth Basketball. We offer Fall, Winter, Spring and Summer Basketball Leagues. All seasons are recreational programs designed to help children continue to develop basketball skills in an atmosphere of sportsmanship, fair play, and fun. We also offer basketball camps throughout the year to teach the fundamentals**

**Teams:** There will be 8-10 players on each team. Full team registration is allowed if there are 8 players registered by the deadline. If there are less than 8 players than individual players will be added to the team. Teams that want to play together must register in person at the recreation center with their forms stapled together. If any team members sign up after the deadline we cannot guarantee them a spot on the team they want to be on. We operate on a first-come, first-serve basis. We start assigning players to teams the day after the deadline and will fill the teams to maximum capacity, which is 10 players, unless a team has registered with 8 players by the deadline. Teams are built primarily around coaches. If a coach requests certain players to be on the team those players will be added to the roster first, followed by the requests of the players. Individual registrations are added last and are grouped by school or area as best as possible. Late registrations will be placed on a team with spots available.

**Requests:** Reasons requests may not be met:

1. You register after the deadline and there isn't room on the team you requested, if this happens we will place your child on an alternative team.
2. If more than 10 players request the same coach, a list of the players names will be sent to the coach, the coach will pick the team and additional players will be assigned to alternative teams.  
\*players who have already been assigned a team will NOT be asked to switch teams to meet a request that has been turned in after the deadline\*

**Games:** All games will be played at local schools on Saturdays between September 9th - October 14th. Game time requests will not be taken from coaches, players, or parents. **Approximate game times will be: 1st/2nd Grade: 9am-2:00pm, 3rd/4th Grade: 9am-2pm, 5th/6th Grade: 11am-5:00pm.** Previously stated times are subject to change based on league numbers. \*The basketball and Flag Football Coordinators will work together to avoid conflicts on game day if you email them both stating you are registering for both sports. There will be no guarantees.\* Forfeited games will not be made up for any reason. If you know your team has to forfeit please notify Angie and she will ask another team to fill in so there will still be a game for the other team. **Game schedules will be available online at [www.quickscores.com/jlsorenson](http://www.quickscores.com/jlsorenson) after the coaches meeting on August 28th.** At the meeting all coaches will be instructed to contact their players by September 3rd with the team information. If you do not hear from your coach by that date check [quickscores.com/jlsorenson](http://quickscores.com/jlsorenson) this is the website with the rosters and schedules. If you cannot locate your child's team then email Angie at [ansmith@slco.org](mailto:ansmith@slco.org) to receive your team information. Please include your child's first and last name in the email to ensure a quick response.

**Practices:** Regular practices will begin the week of September 4th. Each team will be scheduled one 60 minute weekly practice time, except when the gym is unavailable. Practices will be available Mon-Fri \*subject to change based on school availability. Times will range from 4:00pm-9:00pm. These are the only practice times we have available to us. Our volunteer coaches will choose their practice time based on their availability. Coaches with multiple teams will be assigned their practice times first, then 1st/2nd grades, followed by 3rd/4th and 5th/6th grade. This means 5th/6th grade teams will have the later practice times. Four teams will be scheduled to practice each hour. If your child cannot make their practice time once they have been assigned a team then you can email Angie and request to be moved to another team. Requests will be granted if possible. You may be denied a change if there are no open spots on any other teams. If the change is denied you may request a full refund before the first game, after the first game you will be given a partial refund. On the written refund request form you must state the reason for refund as "**Practice Conflict**" to receive a full refund.

**Coaches Practice Requests:** Practice time requests will ONLY be taken from COACHES (not players or parents) via email starting no earlier than August 14th. Please turn in your coaches packet before or at the same time you submit your practice request. Coaches Packets are available online or at the front desk. Teams will not be allowed in the gym until their scheduled practice time and will need to exit the gym promptly at the end of their scheduled practice time, this allows the next team to start their practice on time.

**Equipment:** Participants should use the league T-Shirt they are given as their game day jersey. We will not provide any equipment for practices. A game ball will be provided at each game – this will be for game use only. Team players are encouraged to bring their own ball for practices and games. All players should wear shoes with non marking soles.

**Coaches:** If you are willing and able to coach please indicate so by filling out the coaches information section on your child's registration form. You will also need to fill out a coaches packet which allows Salt Lake County to perform a background check, **this is mandatory.** A **NEW coaches packet** needs to be filled out once each **calendar year**. Coaches may choose to complete a coaches certification program, if completed by September 9th, 2017 it will qualify them to receive a voucher. The voucher is valid for 1 year and will allow them to register their child for 50% off any qualifying youth sports program. **Coaches meeting will be held on Monday, August 28th @ 6:00 pm at JL Rec Center.** All coaches should plan on attending. This meeting is where rules will be handed out, schedules will become available to coaches, expectations will be outlined, and questions will be addressed. It's best to work out any kinks at this meeting **BEFORE** we post EVERYTHING online for parents, players, and other coaches to view. Everything will be posted online directly following the coaches meeting. Once the schedule is posted there will not be any changes made. There is no such thing as an "easy change". The "domino effect" impacting other teams is always greater than what it may seem.

**Picture Day:** There will NOT be a scheduled picture day for this program. Feel free to get your team together and take team pictures on your own time with your own equipment.

**Sportsmanship:** Parents please remember that the program is for the children participating. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. A coach or parents seeking to resolve a conflict or issue should attempt to do so by speaking with personnel responsible for the program in the following order: (1) Volunteer Coach, (2) Site Supervisor (can be located around game sites), (3) Program Coordinator (responsible for program development, management and overall supervision).

For more questions please email Angie Smith at [ansmith@slco.org](mailto:ansmith@slco.org)

Please see the reverse side for Patron Standards of Conduct and Head Concussion Policy and Procedures————>

# INFORMATION SHEET

## ***Head Injury & Concussion Policy and Procedures***

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches to follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage—[www.slco.org/recreation](http://www.slco.org/recreation)

### ***What can happen if my athlete keeps on playing with a concussion or returns too soon?***

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for our young athlete's safety.

### ***If you think your child/player has suffered a concussion***

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

### **The Patron Standard of Conduct**

This is a Salt Lake County Parks & Recreation activity. Patrons are subject to the division's Policy on Patron Conduct and activity-specific rules. You may request a copy of this policy and activity-specific rules from the site supervisor.