

DIMPLE DELL PICKLE BALL

INFORMATION & SCHEDULE

Program Overview:

Are you ready to start playing the most exciting sport that you've never heard of? Then Pickle ball is the game for you! Part tennis, part badminton, but all fun! The racquet sport, played on a 20' x 40' court on a gymnasium floor, is great for racquet sport enthusiasts, but limits the amount of required mobility to play the game. Great for all ages, from scout troops to seniors looking to stay active. Easy to learn, and very addictive—you'll be guaranteed to have a blast.

Open Play

East Gym Date/Time:

- Sunday Mornings: 10:00am-2:00pm
- Mon/Wed/Fri: 5:30am-8:00am
- Mon/Wed/Fri: 10:00am-2:00pm
- Tues/Thurs mornings(Advanced):
5:30am-8:30am
- Tues/Thurs mornings: 8:30am-10:30am
- Tues: 10:30am-1:00pm

Aux Gym Date/Time:

- Thursday evenings: 6:00pm-8:30pm

Program Cost: \$5.00 per day for Seniors
\$7.00 per day for Adults

Equipment: Paddle and Balls are provided;
players may supply their own
paddles if preferred

Important Player Information:

Equipment: All equipment will be provided.
Players need to wear comfortable
shoes appropriate for a
basketball court.

Rules: Want to learn more about the game
before you come? Visit usapa.org for
the USA Pickle ball Association Web-
site.



To Register:

No Registration Required to play. Day passes can be purchased from the front desk.

Dimple Dell and other Salt lake County rec centers will occasionally host friendly 'tournaments' for players to compete. Registration will be available in person or online for such events.



When Necessary: Register at Dimple Dell Fitness & Recreation Center

385-468-3355 (10670 South 1000 East) or
on-line @ www.slco.org/dimple-dell

Questions or concerns, please contact Lesley:
lashaw@slco.org or 385-468-3355

