

Sunday											Monday											Tuesday											Wednesday											Thursday											Friday											Saturday											Time																																																																													
(Shallow)					Lanes					(Deep)					(Shallow)					Lanes					(Deep)					(Shallow)					Lanes					(Deep)					(Shallow)					Lanes					(Deep)																																																																																																			
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Swim Utah											Shallow Water Aerobics											Water Aerobics											Shallow Water Aerobics											Shallow Water Aerobics											Shallow Water Aerobics											Shallow Water Aerobics											6:30 - 7am																																																																													
Deep Aerobics											Low Impact Water Aerobics											Aqua Zumba											Low Impact Water Aerobics											Water Walk											Water Walk											Water Walk											Water Walk											7 - 7:30am																																																																		
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THIS SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME WITHOUT PRIOR NOTICE OR WARNING !!!!!