

# OUTDOOR SOCCER

## INFORMATION SHEET 1ST-6TH FALL 2017



PARKS & RECREATION

*Thank you for participating in our youth sports programs! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.*

*Our 2017 Fall Outdoor Soccer program is designed to be a recreational soccer league for youth 1st grade-6th grade. Participants will learn and develop fundamental soccer skills with an emphasis on safety, sportsmanship, teamwork and fun. The following information below will provide the parent/guardian with more in-depth look at how the program will be organized and facilitated to give the participant and the parent/guardian a quality experience. Thank you again and welcome to Salt Lake County youth sports!*

**Teams:** Teams are organized first by player requests, and then by school/geographic location. We will try to accommodate coaches' and parents' requests to have their children playing on the same team as their friend, but we do not want to overload coaches and teams. There is no guarantee your child will be on the team requested if you register after teams are put together. Teams may be combined due to the number of registrations. For the 1st/2nd grade division we allow a maximum of 10 players per team. For 3rd-6th grade we allow a maximum of 12 players per team.

**Divisions:** Players are divided into divisions based of the grade the participant is in. Players may play up one divisions, but due to safety concerns, players are not allowed to play down a level. All divisions are coed.

### **Team assignments will be posted online Monday, August 31st**

**Organization Day:** Organization day will be Saturday, September 9th at Marv Jenson soccer fields.

⇒ *Times for organization day will be provided with the game schedule and posted online Monday, August 31st by 5pm.*

On organization day, players will meet their coach, set up practice times, distribute uniforms and game schedules. We will also provide equipment for coaches to run a pre-season practice.

**Games:** Games will begin the week of September 11th. Dates and times of the games are not guaranteed and are subject to change depending on number of teams. Parents and coaches will be notified of any schedule changes via email or from coaches. Fall Soccer consists of 5 Saturday games and 2 weeknight games. General game days and times are as follows:

- 1st/2nd Coed—Mondays 5:30, 6:30pm, Saturday mornings
- 3rd/4th Coed—Wednesdays 5:30, 6:30pm, Saturday afternoons
- 5th/6th Coed—Mondays 5:30, 6:30pm, Saturday afternoons

### **Game Schedules will be posted online Monday, August 31st**

**Practices:** Practices will be held at the coach's discretion. Typically teams practice once a week.

**Equipment:** Coaches will hand out uniforms (jersey, shorts, and socks) on organization day. We will use a size 3 soccer ball for the 1st/2nd grade division and size 4 for 3rd-6th grade divisions. We recommend soccer cleats for all divisions. Participants may wear soccer cleats, but they are not required. Normal athletic shoes may be worn. Players are required to wear shin guards.

**Volunteers:** Parents we need you! If you could donate a couple of hours each week, please sign up to be the coach for your child's team. There is no experience needed, we just ask you to encourage fair play, team work and fun. Please note that all volunteer coaches will be required to submit to a background check (as per Salt Lake County Policy). Parent volunteers who coach for the season and complete an online coaches' training will be eligible to receive a voucher for 50% off a future registration.

Coaches Meeting:

**Wednesday, August 30th @ 6:00pm at Marv Jenson Rec Center**

**Rain-Outs:** Rain-outs will be determined by 5:00PM on weekday games and by 8:00AM on Saturday mornings. No announcements will be made if games are not cancelled. Register for a text message or notification to find out directly and immediately about rainouts. To register text @mjsoccer to 81010 or go online to <https://www.remind.com/join/mjsoccer> to register. We also post rainouts on our facebook page.

**Please see the reverse side for Head Concussion Policy and Procedures**—————>

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**Sportsmanship:** Parents please remember that the program is for the children participating. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. A coach or parents seeking to resolve a conflict or issue should attempt to do so by speaking with personnel responsible for the program in the following order: (1) Volunteer Coach, (2) Site Supervisor (can be located around game sites), (3) Program Coordinator (responsible for program development, management and overall supervision). For more questions please email Megan at [mzollinger@slco.org](mailto:mzollinger@slco.org)

### What is your refund policy?

A joint commitment is made when you register for a Marv Jenson program. We commit to provide the program so that you may participate. If Marv Jenson is providing the program, refunds are not available. However, if for some reason your child can no longer participate, refunds are available as follows:

- As per Salt Lake County policy and procedures the Parks and Recreation Division may withhold 25% of the refund (program registration fee) for administrative costs. All refunds must be requested in person and accompanied with a written refund request. No refunds shall be given after the first day of registration.

### Any additional questions?

Marv Jenson Rec Center 385-468-1630

Program Coordinator: Megan Zollinger [mzollinger@slco.org](mailto:mzollinger@slco.org)



**We want to see your kids in action  
Post your outdoor soccer pictures on  
Marv Jenson facebook page!**

### Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage [www.slco.org/recreation/taylorsville.youthSports](http://www.slco.org/recreation/taylorsville.youthSports)

### What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

### If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.