

OUTDOOR SOCCER

7th-12th Grade Coed

INFORMATION SHEET FALL 2017



Thank you for participating in our youth sports programs! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.

Our 2017 Fall Outdoor Soccer Jr High/High School League is designed to be a recreational soccer league for youth 7th—12th grade. Participants will learn and develop fundamental soccer skills with an emphasis on safety, sportsmanship, teamwork and fun. The following information below will provide the parent/guardian with more in-depth look at how the program will be organized and facilitated to give the participant and the parent/guardian a quality experience. Thank you again and welcome to Salt Lake County youth sports!

Teams: Teams are organized by the rec center the player is registered at and/or their geographic location. We will try to accommodate coaches' and parents' requests to have their children playing on the same team as their friend, but we do not want to overload coaches and teams. There is no guarantee your child will be on the team requested if you register after teams are put together. Teams may be combined due to the number of registrations. For 7th-12th grade we will play full size soccer 11 v 11. There will be a maximum of 18 players allowed per team roster. Leagues are divided into to age divisions, 7th-9th grade and 10th-12th grade. All teams are coed and are required to have 3 girls minimum on the field.

Games: Games will begin the week of September 11th. Organization day will be Saturday, September 9th. Teams will have three Wednesday games and five Saturday games. **Games are played at Marv Jenson Rec Center (10300 S Redwood Rd).** Dates and times of the games are not guaranteed and are subject to change depending on number of teams. Parents and coaches will be notified of any schedule changes via email or from coaches.

Practices: Practices will be held at the coach's discretion. Typically teams practice once a week. Players are encouraged to bring a soccer ball with them to practice. Coaches will do their best to practice in an area close to where players live. However, it is not guaranteed that practices will happen in your area if teams are combined with other rec centers.

Equipment: Teams will receive full uniform sets for each player (jersey, shorts and socks). We will use a size 5 soccer ball. Participants are required to wear cleats and shin guards. Shin guards must be covered by socks.

Volunteers: Parents we need you! If you could donate a couple of hours each week, please sign up to be the coach for your child's team. There is no experience needed, we just ask you to encourage fair play, team work and fun. Please note that all volunteer coaches will be required to submit to a background check (as per Salt Lake County Policy). Parent volunteers who coach for the season and complete an online coaches' training will be eligible to receive a voucher for 50% off a future registration.

Coaches Meeting:

Thursday, August 31st @ 6pm at Marv Jenson Rec Center

Rain-Outs: Rain-outs will be determined by 8:00AM on Saturday mornings or 4:30PM on weeknights. No announcements will be made if games are not cancelled. Register for a text message or notification to find out directly and immediately about rain-outs. To register text @mjsoccer to 81010 or go online to <https://www.remind.com/join/mjsoccer> to register. We also post rainouts on the Marv Jenson Recreation Center Facebook page (@marvjensonrec).

Sportsmanship: Parents please remember that the program is for the children participating. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. A coach or parent seeking to resolve a conflict or issue should attempt to do so by speaking with personnel responsible for the program in the following order: (1) Volunteer Coach, (2) Site Supervisor (can be located around game sites), (3) Program Coordinator (responsible for program development, management and overall supervision).

Please see the reverse side for Head Concussion Policy and Procedures →

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Game Fields:

Marv Jenson Rec Center
10300 S Redwood Rd

Participating Centers:

Teams will be built based of the rec center participants register at. If not enough players are registered at one rec center to create a team, players will be grouped with the next closest rec center. All games are held at Marv Jenson Rec Center in South Jordan.

JL Sorenson Rec Center: 5350 12600 S, Herriman

Gene Fullmer Rec Center: 8015 2200 W, West Jordan

Kearns Rec Center: 5670 Cougar Ln, Kearns

Taylorsville Rec Center: 4948 2700 W, Taylorsville

Marv Jenson Rec Center: 10300 S Redwood Rd

Cooperview Rec Center: 8446 Harrison St, Midvale

Dimple Dell Rec Center: 10670 S 1000 E, Sandy

Redwood Rec Center: 3060 Lester St, Salt Lake City

Holladay Lions Rec Center: 1661 E Murray Holladay Rd, Holladay

What is the refund policy?

A joint commitment is made when you register for a Salt Lake County program. We commit to provide the program so that you may participate. If Marv Jenson is providing the program, refunds are not available. However, if for some reason your child can no longer participate, refunds are available as follows:

- As per Salt Lake County policy and procedures the Parks and Recreation Division may withhold 25% of the refund (program registration fee) for administrative costs. All refunds must be requested in person and accompanied with a written refund request. No refunds shall be given after the first day of the program.

Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage www.slco.org/recreation/taylorsville.youthSports

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.