



COUNTY ICE CENTER
 5201 S. Murray Park Lane
 Murray, UT 84107
 385-468-1651
 www.countyice.slco.org

Our Learn-to-Skate program is a proud member of U.S. Figure Skating

Learn to Skate USA

**SESSION 1 Sept. 13—
 Oct 14 2017**



Times:
Wednesdays
 4:45 or 5:15 PM
 OR
Saturdays
 9:15 or 9:45 AM

COST: 50.00

Registration deadline is Sept 11. Cost is \$55.00 after Sept 11

Cost Includes:

- ~ Six 30 minute lessons, plus 15 minutes of practice time (Wednesday afternoons OR Saturday mornings)
- ~ SKATE RENTAL FOR EACH CLASS
- ~ A public session card, which can be used during the Learn-to-Skate session
- ~ U.S Figure Skating Certificate & Badge (if level is passed)
- ~ An annual membership to U.S. Figure Skating which includes a record book with stickers, Basic Skills Edition of SKATING magazine, & official membership card (membership also allows skaters to compete & perform at U.S. Figure Skating sanctioned events)



PLEASE SELECT ONLY ONE OF THE FOLLOWING CLASS LEVELS TO ATTEND:

- Snowplow Sam 1-4:** The Snowplow Sam levels are designed to help the pre-school age skater, ages 3-5, develop preliminary coordination and strength necessary to maneuver on the ice.
- Basic 1:** This level is for beginning skaters ages 6 and above. Basic skating skills will be taught, including forward and backward skating.
- Basic 2:** The Basic 2 level builds upon skills which have been mastered at the Basic 1 level.
- Basic 3:** Basic 1 & 2 levels must be completed before registering for Basic 3. Skaters will learn more advanced skills that extend from Basic 1 & 2 levels.
- Basic 4:** Forward crossovers, edge control and three-turns will be taught, along with backward stroking and advanced stopping.
- Basic 5:** Skaters at this level will learn basic back edges, backward crossovers and beginning one-foot spins.
- Basic 6:** Forward inside three-turns will be taught, along with the T-stop, bunny hop, spiral and right and left lunges.
- PreFree:** Forward inside Mohawk (right and left), backward edges to forward edges, ballet jump and forward inside & outside pivots. This level will offer combination moves from all Basic class levels.
- Hockey 1-2:** This level is for beginning hockey skaters. Forward and backward skating and stops. Hockey skates may be



For inclusion opportunities for people with disabilities, contact Ashley at 385-468-1520 or ahaddow@slco.org.