

FALL FLAG FOOTBALL

INFORMATION SHEET FALL 2017

Thank you for participating in our youth sports programs! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.

Our 2017 FallFlag Football program is a non-contact football program, great for learning the fundamentals with an emphasis on fun and fair play. Program is highly recommended for individuals who may eventually want to play in a full contact league, or would like a safer alternative to contact leagues, as well as individuals who want a program with less emphasis on winning and more emphasis on fun. This program is for boys and girls ages 6– 14 years old. Coaches and parents are encouraged to focus on the big picture and make sure that participants are having FUN!! The following information will provide you with a more in-depth look at how the program will be organized and facilitated to give your participant a quality experience. Thank you again and welcome to Salt Lake County youth sports!

Teams: We will try to accommodate coaches' and parents' requests to have their children playing on the same team as their friend, but we do not want to overload coaches and teams. There is no guarantee your child will be on the team requested if you register after teams are put together. Teams may be combined due to the number of registrations.

Team assignments and Game Schedules will be emailed out Monday September 25.

Games: Games Start the week of October 3 2017.

Bandits (6-8 years old)	Tuesday Evening & Saturday Morning
Buccaneers (9-11 years old)	Wednesday Evening & Saturday Morning
Privateers (12-14 years old)	Thursday Evening & Saturday Afternoon

Practices: Practices will be held at the coaches discretion.

Equipment: Participants will receive a Jersey and flag belt from the league. Players must wear athletic shorts or pants, as well as athletic shoes or football cleats. Mouth guards are recommended but not required. 6-8 year old's will use the Pee Wee size football. 9-14 year old's will use the Youth size. Football or soccer cleats are acceptable footwear.

Volunteers: Parents we need you! If you could donate a couple of hours each week, please sign up to be the coach for your child's team. There is no experience needed, we just ask you to encourage fair play, team work and fun. Please note that all volunteer coaches will be required to submit to a background check (as per Salt Lake County Policy).

Coaches Meeting:
Friday September 22nd @ 5pm – 6pm at Magna Recreation Center.

Rain-Outs: Rain-outs will be determined by 4:30PM on Weeknights and 7:30AM on Saturdays. No announcements will be made if games will be played. If you haven't heard from your coach by 4:30PM or 7:30AM for an update. If you cannot get ahold of your coach please call the center at 385-468-1835 for rain-out information.

Picture Day: Picture Day TBA. A picture shoot schedule and order forms will be passed out at the games prior and emailed to everyone.

Sportsmanship: Parents please remember that the program is for the children participating. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. A coach or parents seeking to resolve a conflict or issue should attempt to do so by speaking with personnel responsible for the program in the following order: (1) Volunteer Coach, (2) Site Supervisor (can be located around game sites), (3) Program Coordinator (responsible for program development, management and overall supervision). For more questions please email Ricardo at RAguayo@slco.org

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Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage www.slco.org/recreation/taylorsville.youthSports

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.