



# YOUTH SWIM ASSESSMENT DAY

**HOLLADAY-LIONS FITNESS & RECREATION CENTER**  
 1661 EAST MURRAY - HOLLADAY RD.  
 HOLLADAY, UTAH 84117  
 385.468.1700



## ASSESSMENT INFORMATION

- For Children 3 and up who have not done swim lessons, or are new to our program
- No Fee or registration required for assessment
- REQUIRED FOR ALL PRE-SWIM TEAM LESSONS

This is an opportunity for our qualified instructors to help guide you in placing your child in the appropriate level for swim lessons. Each swimmer will be in the water for a brief one - on - one swim assessment. The instructor will ask the child to execute a variety of skills; trust, submersion, floating, kicking, strokes, etc. The skills reviewed will depend on the child's age and comfort level in the water. Once the evaluation is over, the instructor will hand you a card that has the level in which they recommend for the child. Our goal is to offer this pre-screening before registration begins to help parents register their child for the right class.

**\* DIAPER POLICY ENFORCED.** Children 3 and under *must* wear a commercial swim diaper and tight fitting rubber pants regardless. (Swim diapers are available for purchase at the front desk).

**\* LOCKER ROOM AGE POLICY:** Children 5 and over must use gender appropriate locker rooms. Family change rooms (with adult supervision) are also available.

If you want to stay and swim you must either have a membership or pay the daily entrance fee \$4.00 child, \$7.00 adult for each day. **Child must be 6 years old to swim alone**

Session	Days of the Week	Assessment Day 5:30 PM - 6:30 PM	Registration Opens 7:30 PM	Fee
<b>YOUTH SWIM LESSONS</b>				
<b>Fall 1</b>	Weekday Lessons September 5th - September 21st	Tuesday, August 22nd @5:30 PM	Tuesday, August 22nd @7:30 PM	\$27.00
<b>Fall 1</b>	Saturday Lessons September 9th - September 30th	Tuesday, August 22nd @5:30 PM	Tuesday, August 22nd @7:30 PM	\$18.00
<b>Fall 2</b>	Weekday Lessons October 3rd - October 17th	Monday, September 25th @5:30 PM	Tuesday, October 3rd @7:30 PM	\$27.00
<b>Fall 2</b>	Saturday Lessons October 7th - October 28th	Monday, September 25th @5:30 PM	Tuesday, September 26th @7:30 PM	\$13.50
<b>Fall 3</b>	Weekday Lessons November 2nd - November 16th	Monday, October 23rd @5:30 PM	Tuesday, October 24th @7:30 PM	\$22.50
<b>Fall 3</b>	Saturday Lessons November 4th - November 18th	Monday, October 23rd @5:30 PM	Monday, October 30th @7:30 PM	\$13.50
<b>PRE-SWIM TEAM LESSONS</b>				
<b>Fall 1</b>	Tuesday and Thursday September 5th - 28th	Tuesday, August 22nd @5:30 PM	Thursday, August 24th @5:30 PM	\$36.00
<b>Fall 2</b>	Tuesday and Thursday October 3rd - 26th	Monday, September 25th @5:30 PM	Thursday, September 28th @5:30	\$36.00
<b>Fall 3</b>	Tuesday and Thursday November 2nd - 30th *No Classes November 21st or 23rd	Monday, October 23rd @5:30 PM	Thursday, October 26th @5:30 PM	\$31.50



For inclusion opportunities for people with disabilities, contact Ashley at 385-468-1520 or abowen@slco.org.

