



# LIFE GUARD CLASSES

Holladay Lions Fitness and Recreation Center  
1661 E. Murray Holladay Road (385) 468-1700

## 2017 Classes

September 11th - 22nd

October 9th - 20th

November 6th - 17th

Pre-Screen Monday, August 28th @4:00 PM

Pre-Screen Monday, September 25th @4:00 PM

Pre-Screen Monday, October 23rd @4:00 PM

## Pre - Screen

Swim 100 yards continuously using freestyle or breaststroke in a strong manner, 50 yards with head out of the water, 50 yards with life guard rescue tube, surface dive to retrieve a 10lb. Brick from 9 feet of water and tread 2 minutes with no hands.

## Class Times

Monday, Wednesday, and Friday 5:00 pm - 9:00 pm

## Cost

Upon passing the pre-screen you will be hired as a Salt Lake County employee. You will be paid to take the class. You must attend 100% of the classes. Upon passing the class your certification will only be valid for Salt Lake County Pools.

**A minimum of 5 students must be signed up and pass the pre-screen for the class to run**  
**Must be 16 years old by the 1st day of the class**

### REGISTER ONLINE!

[www.recreation.slco.org/holladaylions](http://www.recreation.slco.org/holladaylions) OR [www.activityreg.com](http://www.activityreg.com)  
OR fill out reverse side and bring in this flier  
to register at our front desk.



For inclusion opportunities for people with disabilities, contact Ashley at 385-468-1520 or abowen@slco.org.



# Registration Form



Check here to be contacted about inclusion opportunities for people with disabilities.

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent's Name (if under 18): \_\_\_\_\_

Address \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ (Print)

EMERGENCY CONTACT PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

Emergency Contact Relationship to Participant: \_\_\_\_\_

Participant's Email address: \_\_\_\_\_

## Parental Statement of Agreement – Assumption of Risk, Liability Release and Refund Policy

**Assumption of Risk:** I hereby acknowledge and agree that my child's participation in recreational activities involves inherent foreseeable and unforeseeable risks and hazards which may expose my child, or me, to illness, injury, or death. In consideration of my child's participation in such activities, I for myself, my child, my heirs, my executors and administrators, freely and voluntarily agree to assume and accept any and all risks to my child or myself associated with my child's participation in Salt Lake County recreational activities.

**Release:** In consideration of my child's participation in the Salt Lake County recreational activities, I, for myself, my child, my heirs, my executors and administrators hereby release Salt Lake County and its officers, agents, and employees from any cause of action, claim, or demand of any nature whatsoever I or my child may now have, or have in the future, against Salt Lake County on account of personal injury, property damage, death, or accident of any kind, caused by, arising out of, or in any way related to my child's participation in Salt Lake County recreational activities.

**Indemnification:** In consideration of my child's participation in the Salt Lake County recreational activities, I agree to indemnify and hold harmless County, its officers, agents, and employees from any and all causes of action, claims, demands, losses, or costs of any nature whatever cause by, arising out of, or in any way related to my child's participation in the Salt Lake County recreational activities. I agree that my duty to defend and indemnify the County under this Agreement includes all attorney fees, litigation and court costs, expert witness fees, and any sums expended by or assessed against the County for the defense of any claim or to satisfy any settlement, arbitration award, or verdict paid or incurred on behalf of the County arising out of or in any way related to my child's participation in the Salt Lake County recreational activities.

**Refund:** Refunds may only be requested in person and must be accompanied by a written request. As per Salt Lake County policy and procedures the Parks and Recreation Division may withhold 25% of the refund (program registration fee) for administrative costs. No refunds shall be given after the first day of the program.

**Collections:** I agree to pay Salt Lake County all costs incurred, together with reasonable attorney's fees in the event that my account is referred for collection. I understand that any account delinquent 30 days or more will be turned over to collection.

**Emergency Treatment:** I hereby authorize Salt Lake Parks and Recreation program staff to act on my behalf in accordance with their best judgment in case of an emergency involving my child, and agree to assume full responsibility for all expenses, medical or otherwise, that may arise therefrom.

**Media Consent:** I hereby grant permission to Salt Lake County to use my or my children's photograph, videotaped image, quotes/comments, or name for publicity and educational purposes in any and all publications and media without limit or compensation.

**Name Posting:** Unless otherwise indicated below, Salt Lake County is authorized to post or publish the name of my child participating in Salt Lake County recreational activities on the Salt Lake County website.

I do not authorize Salt Lake County to post or publish the name of my child participating in Salt Lake County recreational activities on the Salt Lake County website.

By signing this assumption of risk, liability release, and refund policy statement, I acknowledge that I have read its contents and disclosure, that I understand its contents and disclosure, and that I agree to its terms. If any portion of this Agreement is held to be invalid by a court of law, then it is agreed and intended that all the remainder shall, notwithstanding, continue in full force and effect.

**Name of Child Participant:** \_\_\_\_\_

**Signature** (Parent or Legal Guardian): \_\_\_\_\_

Date \_\_\_\_\_

FOR OFFICE USE ONLY...	RECEIPT #:	AMT.	BY:	DATE
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Please Make Checks Payable to:  
Salt Lake County Parks and Recreation

