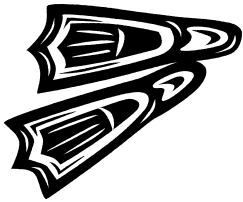


ADULT MASTERS SWIM LEAGUE

August 28, 2017 - May 31, 2018



Dimple Dell Fitness & Recreation Center
10670 South 1000 East
Sandy, UT 84094
(385) 468-3355



Tired of swimming alone?

The Masters program is a non-competitive swim team for participants **age 18 and older**. This is a Nationally recognized program.

We will provide a coach to help you train and limited swim gear to use.

This program is especially popular across the Salt Lake Valley with tri-athletes.

Any skill level is welcome!

Monday	Tuesday	Thursday
5:30 - 6:30 AM	5:30 - 6:30 AM	5:30 - 6:30 AM
	12:00 - 1:00 PM	12:00 - 1:00 PM

Coach: Nichole Beckstead

For more information, contact Jake Peterson
(Aquatics Coordinator) at 385-468-1901 or at
japeterson@slco.org



pepsi

SL
SALT LAKE
COUNTY
PARKS & RECREATION

COST: FREE with Center-Specific & All-County Membership
Or \$7.00 for a Day Pass
Or \$120.00 for an Adult Punch Pass (20 Punches)



For inclusion opportunities for people with disabilities, contact Ivy at (385) 468-1903 or ihausknecht@slco.org