



# FLAG FOOTBALL

Taylorsville Fitness & Recreation Fall Flag Football Newsletter

SEPTEMBER 2017

## Welcome to 2017 Youth Flag Football at Taylorsville Rec!

 SALT LAKE COUNTY  
PARKS & RECREATION

Dear Parents,

Thank you for participating in our youth sports programs. Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.

Our 2017 SPRING Youth flag football program is a benefit for players by being physically active through non-contact, continuous action while learning fundamentals of football, lessons in teamwork and sportsmanship. This is a great alternative to full contact football or off-season skill development. The following information in this newsletter will provide the parent/guardian with more in-depth look at how the program will be organized and facilitated to give the participant and the parent/guardian a quality experience. Thank you again and welcome to Salt Lake County youth sports!

Ryan Roghaar  
Program Coordinator

*"Perfection is not attainable, but if we chase perfection we can catch excellence"*

*- Vince Lombardi,  
legendary coach*

## What's Next?

### Team Assignments & Game Schedules posted online Thurs Sept. 7th

Team assignments will be emailed out to parents on Thursday Sept. 7th Game/Practice schedules and will be posted at [www.slco.org/taylorsville-rec](http://www.slco.org/taylorsville-rec) on Thursday September 7th.

### Hearing From Your Coach

Our coaches meeting is Wednesday Sept. 6th. If you have not heard from your coach please feel free to contact your coach using the "Team Assignments" that will be emailed to you on Thursday September 7th.

### In This Newsletter

- General season information
- Coach Volunteer details
- Practice information
- Season Outline by date
- Head injury & concussion awareness and policy



## TEAM ASSIGNMENTS

We understand and will try to accommodate all coaches and parents requests to have their children playing on the same team as their friends, but we do not want to overload coaches and teams. There is no guarantee your child will be on the team requested if you register late. If more than four players would like to play together, a volunteer coach must be provided. Teams may hold up to 12 players per roster, no more than 12 players will be allowed on one roster. Individual sign-ups will be assigned to teams that are not full.



## PRE-SEASON CLINIC/ PRACTICES

Our Pre-season clinics will be Tuesday September 12th (1st/2nd Grade), 13th (3rd/4th Grade) , and 14th (5th/6th Grade). Teams will be scheduled to meet in the evenings. Practices will be at the coaches discretion. Practice equipment (footballs & cones) will be available for checkout at our front desk on first come, first serve basis. Practices should be no longer than one hour in length. At the clinic, players will meet their coach, distribute uniforms, and go over other information and expectations.

## GENERAL SEASON INFORMATION

Games will kick off Saturday September 16th. All games will be played on one weeknight starting at 5:30pm and Saturday mornings starting at 8:30am. Dates and times of the games are subject to change depending on the number of teams. Parents and coaches will be notified of any schedule changes via email. Games will be played at Valley Regional Park and Kearns Oquirrh Park.

These leagues are recreational in nature and use parent volunteers as coaches and local high school students as referees. Practices are not mandatory for coaches to run but is encouraged.

## Important Season Dates

**Coaches Meet & Greet (coaches only):** Tuesday September 6 5:30pm-7:00pm

**Pre-Season Clinic/Orientation Day:** Tuesday Sept. 12th (1st/2nd Grade), Wednesday Sept. 13th (3rd/4th Grade), and Thursday Sept. 14th (5th/6th Grade)

**Game Schedules available online:** Thursday Sept. 7th

**Practices:** Coaches discretion

**First Games:** September 16th

**End of Season:** Saturday October 14th (weather depending)



## **SPORTSMANSHIP**

Parents please remember that the program is for the children participating. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. A coach or parents seeking to resolve a conflict or issue should attempt to do so by speaking with personnel responsible for the program in the following order: (1) Volunteer Coach, (2) Site Supervisor (can be located around game sites), (3) Program Coordinator (responsible for program development, management and overall supervision).

## **Rain-Outs**

Rain-outs will be determined by 4:30PM on weeknight games and 10:00AM on Saturdays. No announcements or calls will be made if games are no called. Please contact your coach after 4:30PM or 10:00AM for an update. If you cannot get hold of your coach please call the center at 385-468-1732 for updates. If weather arises during the game the on-field official will make the call to cancel or not. If the game has reached the 2nd half of play, the game will not be replayed.



## **WE NEED COACHES!**

Over the years our program's success is due in large part by awesome parents that have been willing to volunteer as a coach. We have been fortunate to retain many coaches from season to season because we make it a quality experience for the coaches as much as we make it a quality experience for the players. If you are willing to donate a few hours each week it would be greatly appreciated by the program administration and the other parents. We understand that you are busy and if any conflicts arise and you are unable to coach the entire season we recommend that you recruit another parent as an assistant coach in case you are unavailable.

If you are willing to coach please contact Ryan at [RRoghaar@slco.org](mailto:RRoghaar@slco.org). All coaches must fill out our volunteer application, which includes a BCI background check.

## **GET CERTIFIED**

The Coaches Certification Program is available to educate coaches on the expectations of Salt Lake County. The reason and goals for this certification program is for children safety, developing coaching skills, teaching good sportsmanship, and making sure that all coaches receive the same information. After the completion of each season you coach you will receive a 50% off voucher that may be used for a future program registration fee. Once you are certified, you will have a coaches voucher for you to pick up at our front desk at the conclusion of the program. For more information visit our Coaches Certification page on the Taylorsville Recreation Center website and link to the online certification tutorial.

# Head Injury Awareness & Concussion protocol

Your child's safety is very important. Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedure. A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage [www.slco.org/recreation/taylorsville.youthSports](http://www.slco.org/recreation/taylorsville.youthSports)

## ***RETURN TO PLAY PROCEDURE***

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

## Contact Us

Have any questions or comments?

**Taylorsville Fitness & Recreation Center**  
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Taylorsville, Utah  
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**385-468-1732**

Visit us on the web at  
[www.slco.org/recreation/taylorsville](http://www.slco.org/recreation/taylorsville)