

Jr Jazz Skill Level Definitions

<p>Beginner: 3rd/4th</p> <ul style="list-style-type: none"> - New to the game of basketball - Shot struggles to reach the rim - Struggles to dribble - Travels often - Cannot make a pass with pressure 	<p>Beginner:</p> <ul style="list-style-type: none"> - Can look up on occasion while dribbling - Understand the mechanics of a lay up - Shots reach the rim - Understands how to pivot not always successful in doing it - Can often make successful passes 	<p>Beginner: 7th/8th</p> <ul style="list-style-type: none"> - Can dribble with their head up - Can pivot - Can make lay ups - Shots reach the rim - Can make successful passes - Has basic basketball knowledge - Understands how to guard their man
<p>Intermediate: 3rd/4th</p> <ul style="list-style-type: none"> - Can look up on occasion while dribbling - Understand the mechanics of a lay up - Shots reach the rim - Understands how to pivot not always successful in doing it - Can often make successful passes 	<p>Intermediate: 5th/6th</p> <ul style="list-style-type: none"> - Can dribble with their head up - Can pivot - Can make lay ups - Shots reach the rim - Can make successful passes - Has basic basketball knowledge - Understands how to guard their man 	<p>Intermediate:</p> <ul style="list-style-type: none"> - Can dribble with their head up with pressure - Can make successful passes with pressure - Can make lay ups with pressure - Understands basic defensive concepts - Proper shooting technique
<p>Advanced: 3rd/4th</p> <ul style="list-style-type: none"> - Can dribble with their head up - Can pivot - Can make lay ups - Shots reach the rim - Can make successful passes - Has basic basketball knowledge - Understands how to guard their man 	<p>Advanced: 5th/6th</p> <ul style="list-style-type: none"> - Can dribble with their head up with pressure - Can make successful passes with pressure - Can make lay ups with pressure - Understands basic defensive concepts - Proper shooting technique 	<p>Advanced: 7th/8th</p> <ul style="list-style-type: none"> - Can dribble with their head up with pressure - Can make successful passes with pressure - Can make lays with pressure - Has a good understanding of defensive concepts - Proper shooting technique - Can play pressure defense