

ACORD ICE CENTER

385-468-1965 slco.org/acord-ice 5353 West 3100 South WVC, UT 84120



Try Sledge Hockey For Free Event



“Sledge” hockey is a Paralympic sport for anyone that has lower-body mobility impairments, however everyone is encouraged to participate during our Sledge Hockey sessions. Individuals sit in a “sled” seat, with ice blades below the seat and propel themselves across the ice using picks at the end of the hockey sticks. It’s a high-energy, high-contact and FUN sport!

The event is for all ages to come and experience Sledge Hockey. Instruction will be provided by Jhon Bryan, an experienced player and former member of the USA Sled Hockey Jr. Development Team.

Register online: at www.activityreg.com or in person at the event

November 11, 2017

Saturday 4:45-5:45pm

Want to learn about more Salt Lake County Adaptive Programs?

Visit www.slco.org/recreation/adaptive/



For inclusion opportunities for people with disabilities, contact Ashley at 385-468-1520 or abowen@slco.org.



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History of Sledge Hockey

Two men from Sweden designed the sledge for ice sledge hockey in the 1960s because they wanted to continue to play hockey despite their physical disability. Their design included two skate blades on a metal frame that allowed the puck to pass underneath. They completed the ensemble by including two round poles with bike handles for sticks. Although there are many restrictions to the measurements and weight of the sledges used in the Paralympic Games, little has changed from the original design to the ones that exist today.

