

# NORTHWEST RECREATION CENTER SUMMER SWIM LESSONS 2017

## **\$24** TUES/THURS

**#1 June 6—June 29**

(Clothes day on the 27th)

**#2 July 6—Aug 3**

(No class on the 25th)  
(Clothes day on the 1st)

**#3 Aug 8—Aug 31**

(Clothes day on the 29th)

## **\$24** MON/WED

(Stroke School)

**#1 June 5—June 21**

**#2 July 5—July 26**

(No class on the 25th)

**#3 Aug 7—Aug 23**

## **\$20** SATURDAY

**#1 June 10—JULY 15**

(No Class on the 1st)  
(Clothes day on the 8th)

**#2 July 29—AUG 26**

(Clothes day on the 19th)

## **\$16** MORNINGS (Clothes Day is every Thurs)

**#1 JUNE 5—JUNE 8**

**#2 JUNE 12— JUNE 15**

**#3 JUNE 19—JUNE 22**

**#4 JUNE 26— JUNE 29**

**#5 JULY 10— JULY 13**

**#6 JULY 17— JULY 20**

**#7 JULY 25— JULY 28**

**#8 JULY 31— AUG 3**

**#9 AUG 7— AUG 10**

**#10 AUG 14—AUG 17**

## PRACTICE TIME

In order to avoid interruptions during our swim lesson time, we open the leisure pool exclusively to swim lesson participants during the times lessons are taught. *We encourage parents and guardians* to take advantage of this unique opportunity by helping with your child during lessons, and staying after the lesson to practice new swimming skills with them.

## Class Times

### TUES/THURS:

30 min Sessions

5:00pm, 5:35pm,  
6:10pm, 6:45pm, 7:20pm

### MON/WED:

40 min Sessions

6:10pm, 7:00pm

### Mornings and

### Saturdays:

40 min Sessions

9:00am, 9:45am, 10:30am,  
11:15am

\*All classes open for registration 2 weeks prior to session start date

\*\*If you are unsure what level to register for, please see the swim lesson levels flyer, or ask the Head Lifeguard on duty for a free swim test. Register in-person or on-line at [www.activityreg.com](http://www.activityreg.com)



### Questions?

Contact Josh Reusser  
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### Northwest Recreation Center

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