

# FALL INDOOR SOCCER

## INFORMATION SHEET

Thank you for participating in our youth sports programs! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.

Our Fall Indoor Soccer program is a league designed for recreation players/teams. Teams are allowed to register as a full team, however they must have at least 8 players on their team. Divisions are for 1st-6th grade boys and girls. There is a strong focus on sportsmanship, teamwork and fun. Coaches and parents are encouraged to focus on the big picture and that participants are having FUN!! The following information will provide you with a more in-depth look at how the program will be organized and facilitated to give your participant a quality experience.

Thank you again and welcome to Salt Lake County youth sports!



**Coaches Meeting:**  
*Thursday, October 26th at 6 PM at Redwood Recreation Center*



<b>Start</b>	Prek-6th grade Start November 4th
<b>Includes</b>	6 games, Jersey, and participation award.
<b>Teams</b>	We accept player requests however there is no guarantee your child will be on the team requested. Teams that have at least 10 players are considered full teams and will not have players added to their team. Individual signups and teams less than 10 players will have players added to their team to make full teams. 10 is the maximum number of players per team.
<b>Team Assignments.</b>	Team Assignments will be ready to view by October 29th.
<b>Games 1-2 &amp; 3rd-6th</b>	1st-2nd Games will be played on Tuesday & Saturday. 3rd-6th Games will be played on Thursday and Saturday. Times of the games are not guaranteed and are subject to change depending on number of teams. Parents and coaches will be notified of any schedule changes via email or from coaches. All Games will played at Redwood Recreation Center.
<b>Practices</b>	Practice schedules will be set according to coaches availability. <b>Practice Schedules will be posted by October 29th.</b>
<b>Equipment</b>	Soccer balls will be provided to Head Coaches for practices. Players are not required to wear shin guards but is highly recommended.
<b>Volunteers</b>	Parents we need you! Coaching only requires a few hours a week and some time spent to organize and communicate with your team. If you could donate a couple of hours each week, please sign up to be the coach for your child's team. There is no experience needed, we just ask you to encourage fair play, team work and fun. All coaches that complete the online coaching certification will receive a 50% off coaching voucher for the next upcoming season as a thank you for coaching. Please note that all volunteer coaches will be required to submit to a background check (as per Salt Lake County Policy).
<b>Pictures</b>	Picture Day will be on Saturday, November 11th. Picture schedules will be given at a later time. Hand-outs will be supplied later to coaches to be distributed to players and parents. Please remember that if you want pictures, they will have to be ordered and purchased individually at the picture shoot. Head coaches (only) will receive a free team photo with a picture of his/her son/daughter.
<b>Coaches Mtg.</b>	We will go over sportsmanship and head injury information. Coaches will receive their team rosters and sign up for practice. ALL COACHES need to attend or send a team representative.
<b>Sportsmanship</b>	Please remember that the games are for the participants to learn and have fun. Any persons (players, fans, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. Our program is designed to encourage sportsmanship and develop skills. Please encourage and respect the importance of this. The decisions of the game officials and site supervisors are final. Questions or comments can be made to the Redwood Recreation Center at (385) 468-1870.

Please see the reverse side for Upcoming Programs and Head Concussion Policy and Procedures—————>



## FALL/WINTER PROGRAMS

### FALL SOCCER GAME SCHEDULES & TEAM ASSIGNMENTS

will be posted on October 29th

CHECK OUR WEBSITE:

<http://slco.org/redwood/youth-sports/Indoor-Soccer>

### Jr. Jazz Basketball Registration

**Starts: December 2nd/Registration Fee: \$47.00**

- ◆ 1st-6th & 7th-8th Girls Saturday Games
- ◆ 7th-8th Boys Friday Games
- ◆ Registration Now!

### WINTER INDOOR SOCCER

**Games start Saturday, February 24th, 2018.**

**Games will be played on Saturdays only.**

- ◆ Registration Begins December 9th, 2017



## Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage [www.slco.org/recreation/taylorsville.youthSports](http://www.slco.org/recreation/taylorsville.youthSports)

### ***What can happen if my athlete keeps on playing with a concussion or returns too soon?***

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

### ***If you think your child/player has suffered a concussion***

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.