

LEARN FIT

FIT is moderate in calories and fat

Snap here to learn more



FUN FUN FUN FUN FUN

Often grouped with vegetables, mushrooms provide many of the nutritional attributes of produce as well as those more commonly found in meat, beans or grains.

OF THE SEASON

GET YOUR GRILL ON!

Embrace the summer season with NEW **FIT** grilled chicken burgers! These hearty and flavorful chicken burgers are available at the grill all month.



Alex Izarraraz
MOW Driver

Alex loves to spend time with his ten grandchildren and take them to the park. He is also a handyman and loves to tinker with fixing things around his home. Alex has been with the company for a year and a half and we love his smile.

T	Soup's On Chicken Noodle FIT	2.99/3.90
	Split Pea and Ham	
	Deli Roast Beef and Swiss Sandwich	4.49
	Entrée , Stir Fry Served with Choice of Sauce and Veg	5.49
	Sides , Jazmin Rice, Egg Roll, Yakisova Noodle	1.29
	Grill Garden Burger FIT	3.99

W	Soup's On Spicy Chicken Vegetable FIT	2.99/3.90
	Tomato Bisque	
	Deli Tuna Salad Wrap	4.49
	Entrée Beef Enchiladas with Your Choice of Sauce	5.49
	Sides , Cilantro Rice, Roasted Corn, Refried Beans	1.29
	Grill Chicken Quesadilla FIT	3.99

T	Soup's On White Bean soup FIT	2.99/3.90
	Garden Vegetable	
	Deli Pesto Chicken wrap	4.49
	Entrée Chicken Makhini	6.99
	Sides , Saag Paneer, Chana Masala, Basmati Rice	1.29
	Grill BBQ Ribblett with French Fries	5.29

F	Soup's On Chicken Tortilla FIT	2.99/3.90
	Clam Chowder	
	Deli Spicy Chicken Sandwich	4.49
	Entrée , Personal Pizza with Small Salad	5.49
	Grill Fish Sandwich with Tartar Sauce FIT	3.99

Catering needs call Patricia Anderson at 385-468-0462
General Manager Adolfo Alvarez at 385-468-0468
Open M-F 7:00 AM 2:00 PM