

MIEN U

WEEK OF
June 19th 23rd

Salt Lake
City Cafe

LEARN FIT

FIT is moderate in calories and fat

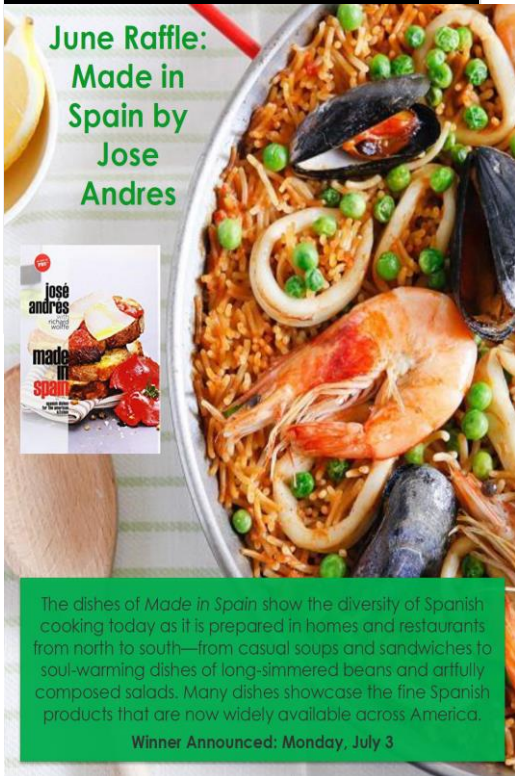
Snap here to learn more



M	Soup's On Vegetable Minestrone FIT	2.99/3.90
	Tomato Bisque	
	Deli Ham Panini and provolone	4.49
	Entrée Pasta Bar made to order	5.49
	Sides , Sautéed Spinach, Sautéed Squash, Red Peppers	1.29
	Grill Jalapeno Cilantro Chicken sandwich FIT	3.99

FUN FUN FUN FUN FUN

June Raffle:
Made in Spain by Jose Andres



The dishes of Made in Spain show the diversity of Spanish cooking today as it is prepared in homes and restaurants from north to south—from casual soups and sandwiches to soul-warming dishes of long-simmered beans and artfully composed salads. Many dishes showcase the fine Spanish products that are now widely available across America.

Winner Announced: Monday, July 3

T	Soup's On Chicken Noodle FIT	2.99/3.90
	Tomato Bisque	
	Deli Turkey and Cheese wrap	4.49
	Entrée , Tuscan Pork Loin with two sides	5.4
	Sides , Parsley Noodle, Sautéed Kale, Minted CousCous	1.29
	Grill Garden Burger FIT	3.99

W	Soup's On Spicy Chicken Vegetable FIT	2.99/3.90
	Tomato Bisque	
	Deli Chicken Salad, Grapes, Almond	4.49
	Entrée Carne Asada Street Tacos	5.49
	Sides , Cilantro Rice, Pinto Beans, Black Beans	1.29
	Grill Mushroom Quesadilla FIT	3.99

T	Soup's On Split Pea and Ham FIT	2.99/3.90
	Tomato Bisque	
	Deli BBQ Ribblett with French Fries	4.49
	Entrée Prime Rib Horseradish cream	6.99
	Sides , Smash Red Potatoes, Sautéed Zucchini	1.29
	Grill Grilled Ham & Cheese	3.99
	Dessert Strawberry Short Cake	2.99

F	Soup's On Chicken Tortilla FIT	2.99/3.90
	Tomato Bisque	
	Deli Spicy chicken Sandwich	4.49
	Entrée , Cajun Cat Fish with two sides	5.49
	Sides , French Fries, Cajun Slaw, Rice and Beans	1.29
	Grill Chicken Pesto Sandwich FIT	3.99

SMASHING PRICES

SUMMER FILL IT UP



FRIDAYS



Fill your plate to the rim at the salad bar. No matter what the weight pay just 5 bucks