It’s easy to find a dentist or specialist in the Total Cigna DPPO network.

Finding a Total Cigna Dental PPO (DPPO) network dentist or specialist is quick and easy – whether you opt to search online or speak to a customer service representative. Let us show you how.

Make the most of your dental plan by registering and using myCigna.com.

By registering for myCigna.com, you can get individualized information, set to your dental plan. When searching for a dentist, your home zip code will be entered automatically, but you can change the zip if you are looking for a dentist in a different area. Once you’ve registered, you can search for a Cigna DPPO network dentist or specialist in many ways:

› After logging in to myCigna.com, click on “Find a Doctor” or “Help” at the top of the page.
› Enter your search word or words and click “Search”, OR
› Click on “Dentist” under the “Find a Person” heading and double-click a specialty dentist by grouping.

You’ll see a list of results that has facts that can help you make a good choice about what dentist you want to use.

Savings you can see.

Dentists listed as “Cigna DPPO Advantage” and “Cigna DPPO” have all agreed to offer care at discounted rates. Within this group, we offer two savings levels:

› Cigna DPPO Advantage Network – Dentists in this network typically offer greater discounts compared to DPPO Network dentists. Depending on your plan, your benefit level may also be higher when you use these dentists.

› Cigna DPPO Network – Dentists in this network still offer a discount, but it can be much lower compared to DPPO Advantage Network dentists. Depending on your plan, you may receive a lesser benefit level when using these dentists.

Clear messaging to describe whether a dentist is in the Cigna DPPO Advantage, Cigna DPPO or out-of-network.

Offered by: Cigna Health and Life Insurance Company or Connecticut General Life Insurance Company.
Out of Network – You may still choose to see a dentist who is not with Cigna, but your benefits may be lower and you may have to file your own claims.

**Brighter Score™**
The Brighter Score gives a quick and useful way to compare dentists and specialists in our networks. It’s based on these important pieces of information:

1. **Professional History** – a dentist’s training and dental school background, as well as a review of their dental license history, years of experience and any advanced training they have received.

2. **Patient Experience** – takes into consideration verified patient reviews, office amenities and technology and online reputation.

3. **Overall Affordability** – measures the predicted out-of-pocket costs you can expect to pay for the most common dental procedures.

View Dentist Details*
You can also view data about the dentist, along with office photos and videos. You can even make online appointments and get reminders. If the dentist has more than one office, this information will be shown in the detail section. You can also get this information on the myCigna mobile app.**

If you are not registered on myCigna.com, you can still search for a DPPO dentist from the online directory on Cigna.com.

Because this is a public site, you don’t need to register or log in to view search results. Just keep in mind that you’ll only be able to view limited information about dentists such as office address, network type and contact information. Brighter Scores, patient reviews and other facts that are on myCigna.com aren’t on Cigna.com.
* Actual features may vary by dentist and Cigna Dental plan type. Experience, ratings, reviews, and appointment scheduling features are provided through Brighter, Inc., an independent company. These and other dentist directory features are for educational purposes only and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be delivered to individual customers. Customers are encouraged to consider all relevant factors and to speak with their treating dentist when choosing where to receive dental care.

** The downloading and use of the myCigna Mobile App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

The dentists who participate in the Cigna network are independent contractors solely responsible for the treatment provided to their patients. They are not agents of Cigna.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation. Cigna Dental PPO plans are insured or administered by Cigna Health and Life Insurance Company (CHLIC) or Connecticut General Life Insurance Company (CGLIC), with network management services provided by Cigna Dental Health, Inc. and certain of its subsidiaries. In Texas, the insured dental plan is known as Cigna Dental Choice, and this plan uses the national Cigna DPO network. Policy forms: OK – HP-POL99 (CHLIC), GM6000 ELI288 et al (CGLIC); TN – HP-POL69/HC-CER2V1 et al (CHLIC). The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

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