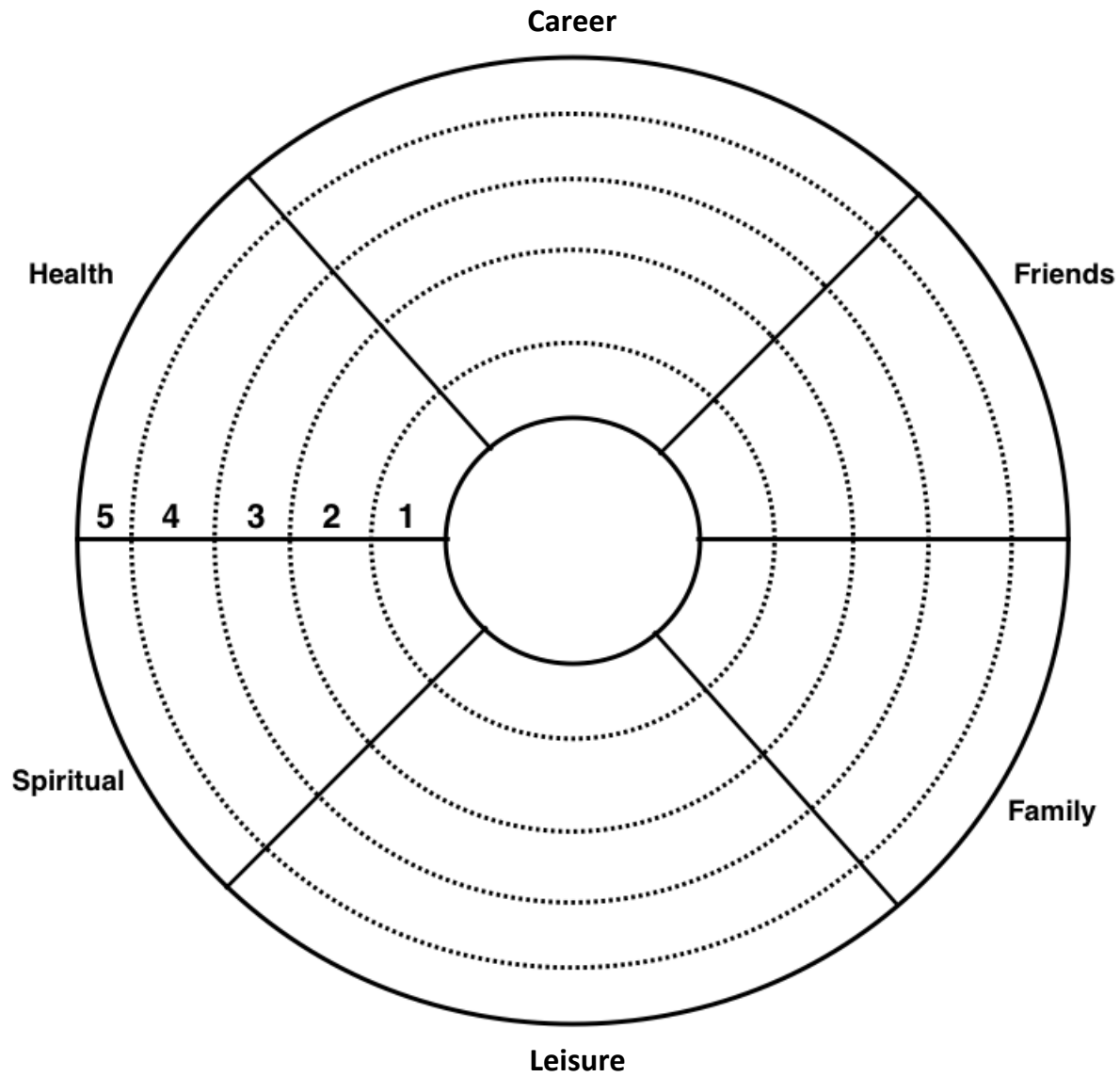


Goal Wheel - Personal



- **Career:** How do you feel about your work, career or business? Do you see yourself as effective and success?
- **Friends:** How is your social life, friendships and support system?
- **Family:** How are your relationships with your partner or spouse, children, parents and siblings?
- **Leisure:** Do you have personal passions, hobbies or fun activities that fulfill you?
- **Spiritual:** Reflect on your faith or spirituality, mental health, personal discovery or mindset.
- **Health:** Are you happy with your physical health and wellness?

Personal - Pick one area: _____

Set your intention:

Do you need any specific skills?

What is your process?

What is your measurable outcome?

What are the barriers to success?

What are the specific steps?

Accountability?