

# Health in Housing

The intersection between  
housing and health care

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**Center for Outcomes  
Research and Education**



# Research Questions

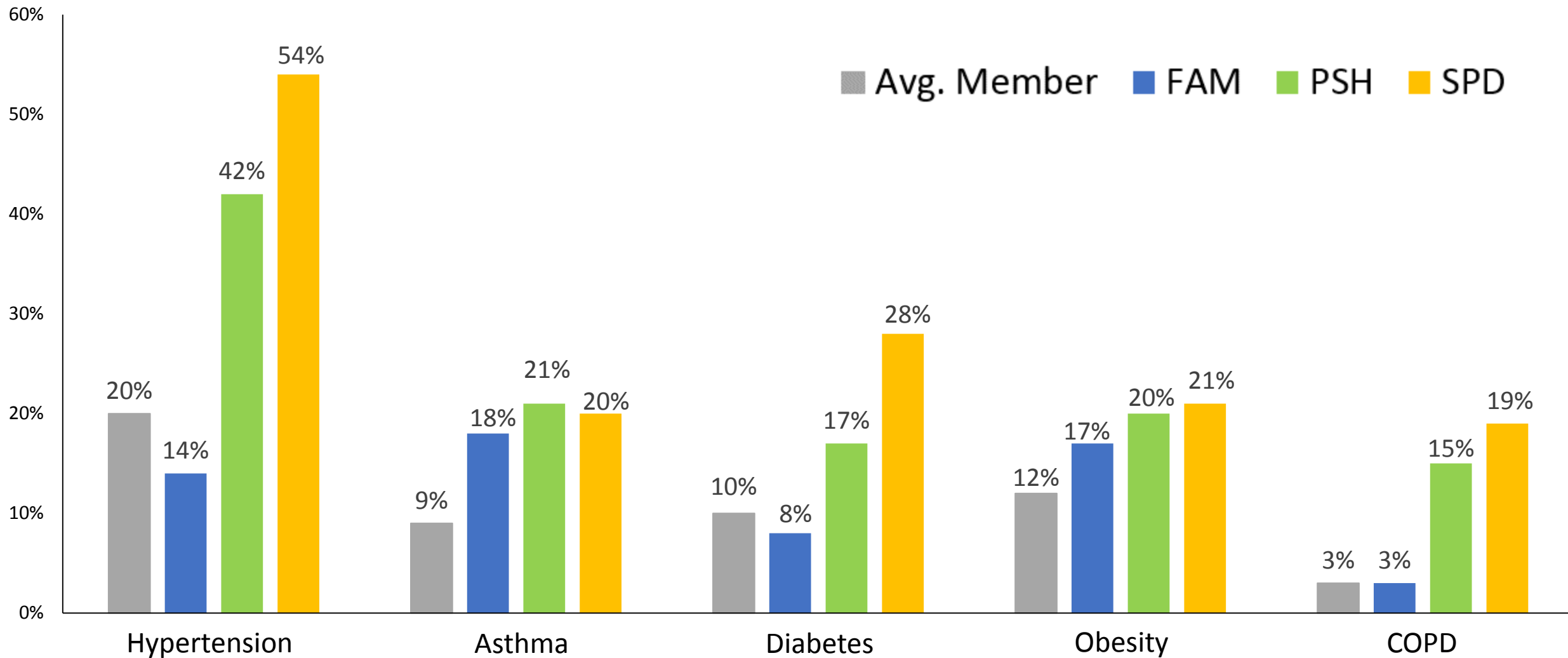


What is the effect of affordable housing on health care outcomes and Medicaid cost and utilization?

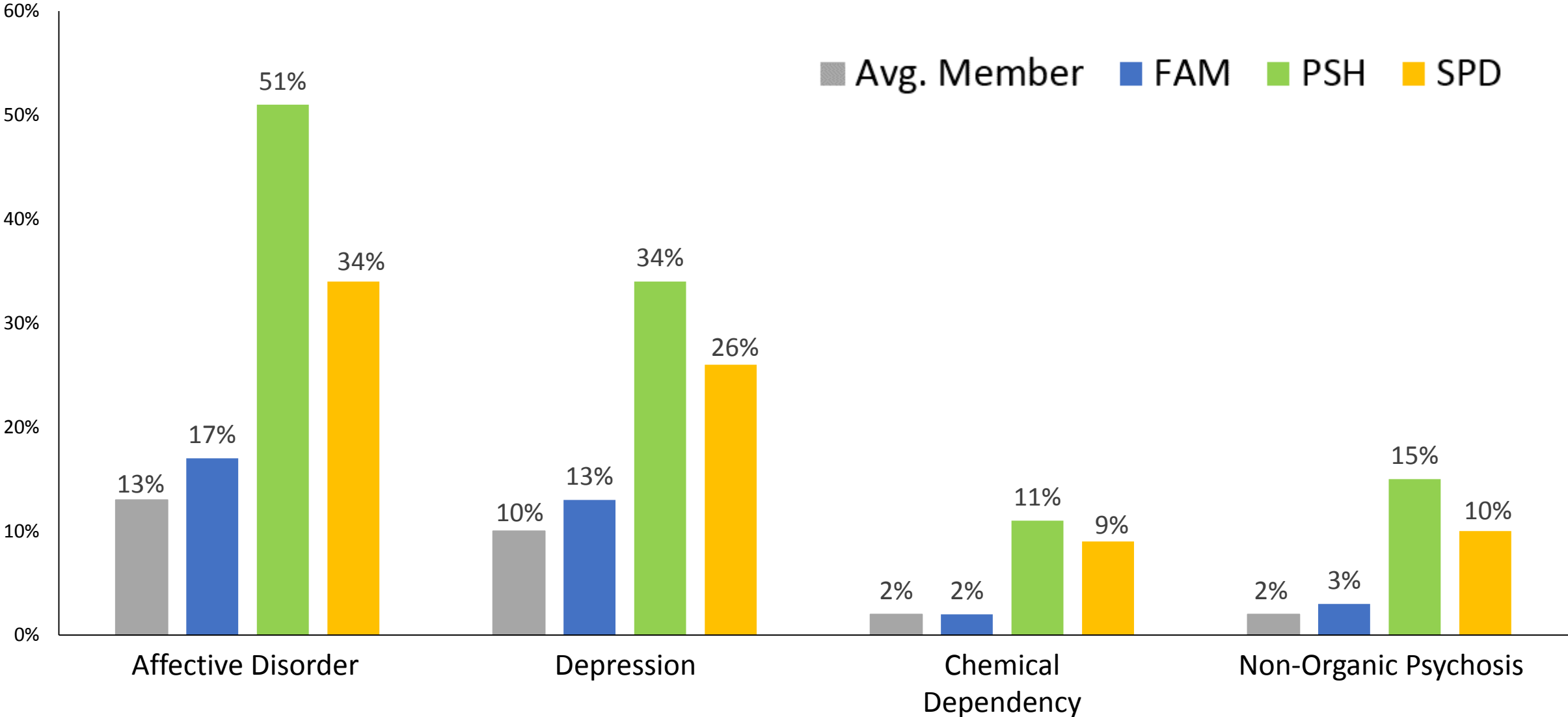


What role do integrated health services play in health care expenditures and quality?

# Prevalence of physical health diagnoses (claims data)



# Prevalence of behavioral health diagnoses (claims data)



# KEY FINDINGS

Access to affordable housing in the study population demonstrates:

1. Lower costs to health care systems
2. Primary care use goes up,  
while emergency department use goes down
3. Health care access and quality same or better
4. Integrated health services reduce costs even further

# KEY FINDING

Health care costs went down significantly

## Per member, per month costs

Before move-in: \$ 386

After move-in: \$ 338

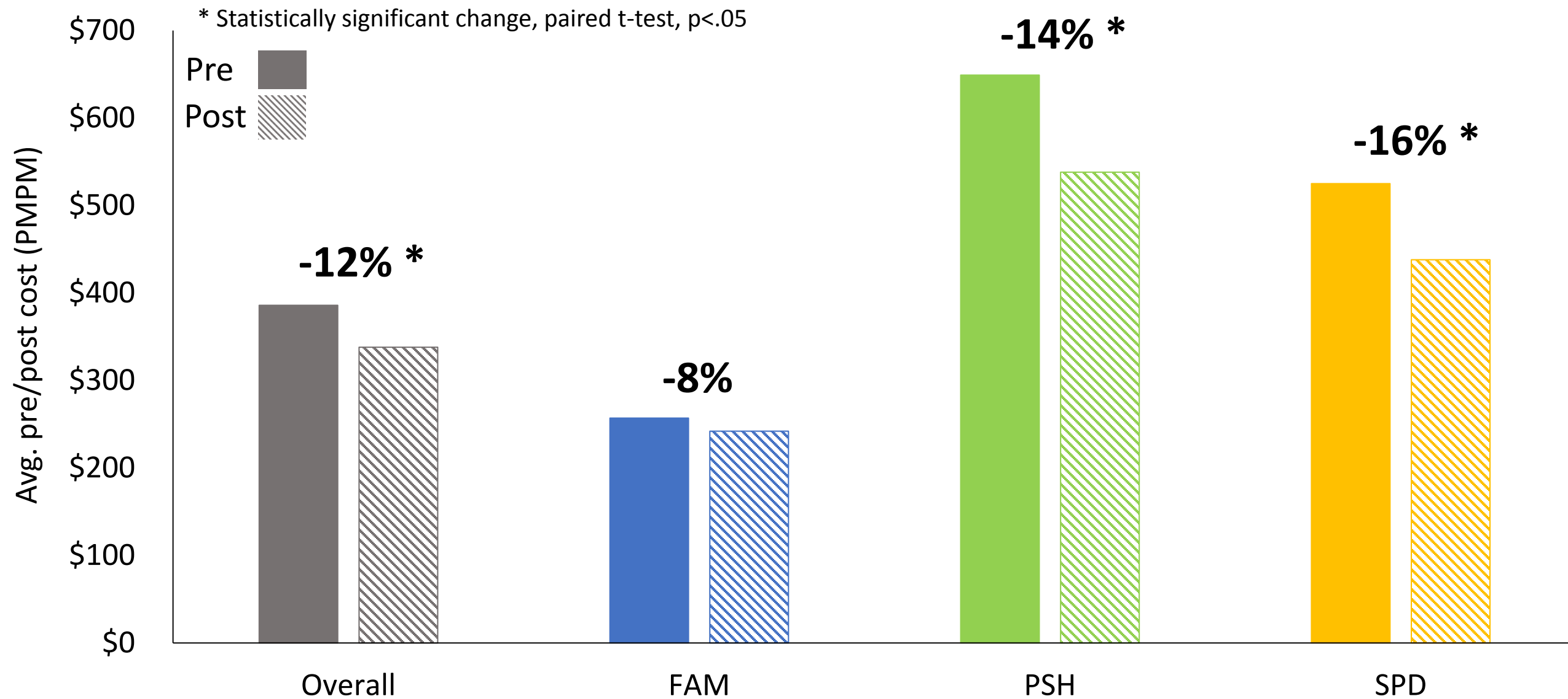
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↓ \$ 48

Overall Cost Reduction: 12%

Extrapolated annual cost reduction:  
↓ \$936,000 a year across 1,625 residents

# Costs down across all housing types





# KEY FINDING

Residents used health services differently when they had housing



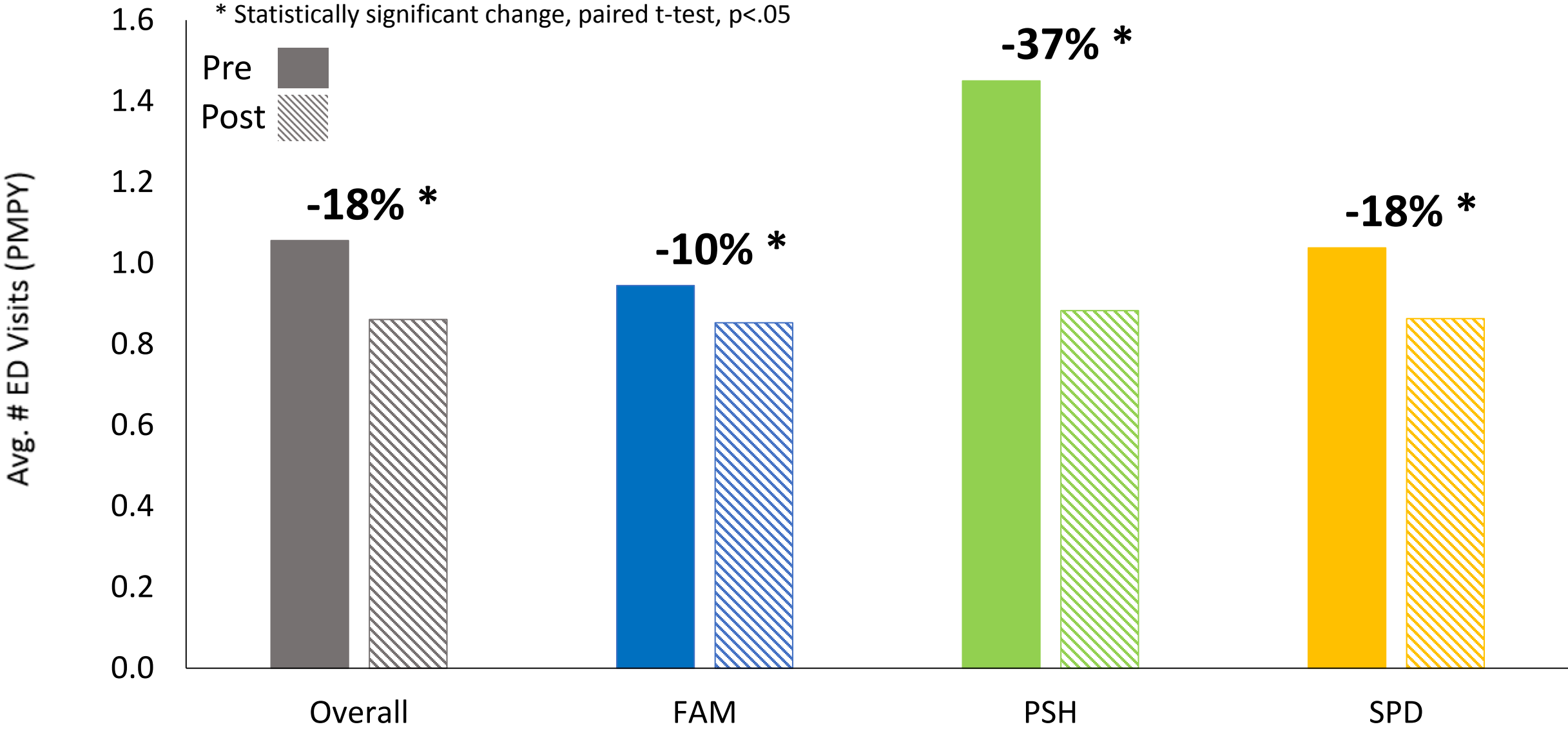
Emergency  
Department  
-20%



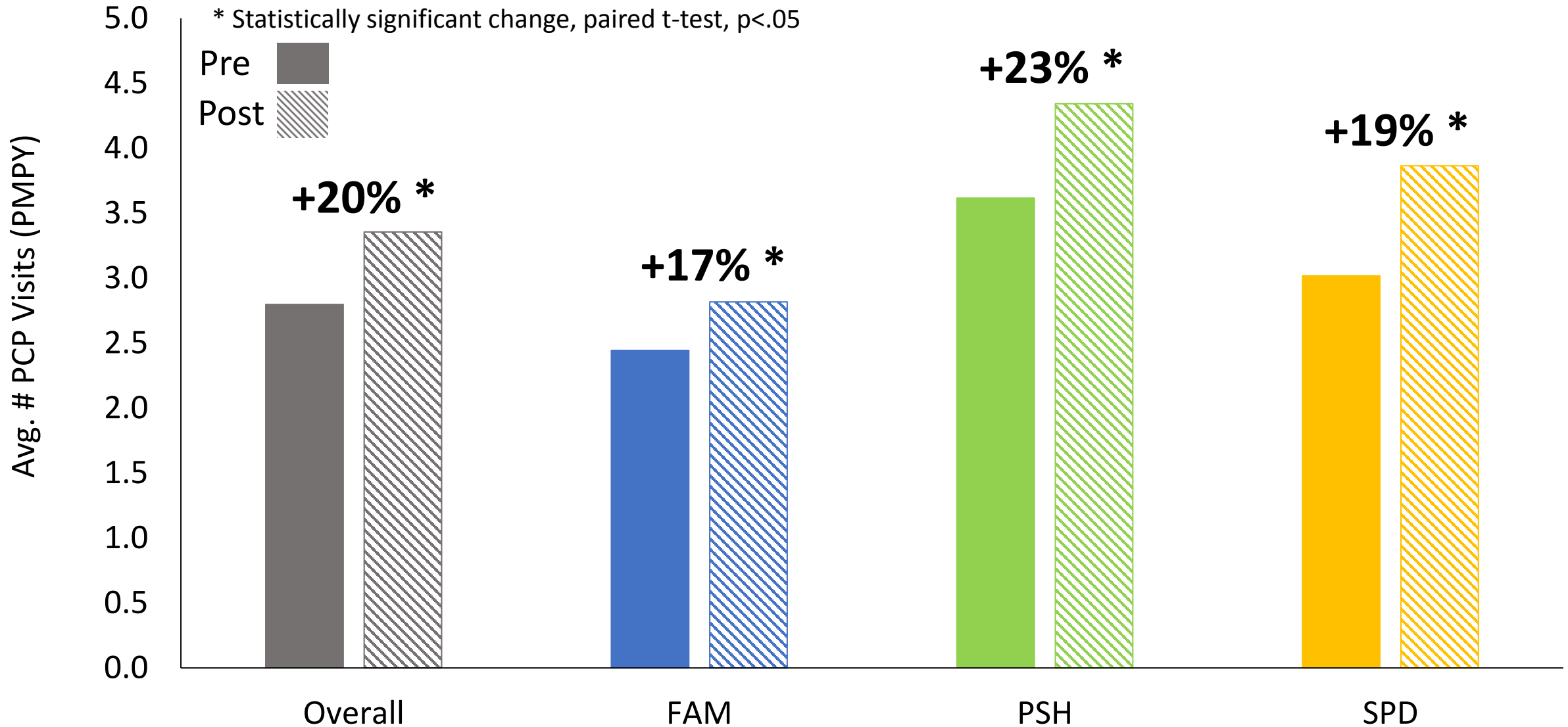
Primary  
Care  
+18%



# Emergency Department use down across all housing types



# Primary care visits up across all housing types



## KEY FINDING

Integrated  
health services  
drove  
outcomes

## Adjusted impact of health services

Expenditures  \$ 115 per member per month

ED Visits  0.43 visits per year per member

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