

Personal Trainer Pricing

Call for a **FREE** Consultation!

Private Training

1 session	\$50 each
6 sessions	\$45 each
12 sessions	\$42 each
24 sessions	\$40 each

6-Month Training Package:

\$350/month for minimum of 6 months. Train 2x per week for 6 months.

Partner Training

1 session	\$40 each
6 sessions	\$35 each
12 sessions	\$30 each
24 sessions	\$25 each

* Prices per person

Small Group Training:

3 people	\$20 each
4 people	\$15 each
5+ people	\$12 each

* Prices per person

Certifications:

B.S. in Exercise Science
ACE Certified Personal Trainer
TRX Suspension Training Certified
CPR & AED Certified



Sarah Stewart

253-686-3982

ExerciseWithSarah@gmail.com

Gene Fullmer Fitness & Recreation Center
8015 S 2200 W West Jordan