

Caution:

Salt Lake County Diving Board Rules

- Only one person is allowed on the board at a time.
- Only one bounce is allowed when jumping off the board.
- No hanging on the underside of the board.
- Go straight off the front end of the board.
- Look before leaping. Swim quickly to the side of the diving area.
- Use steps to climb onto the board.
- No goggles, masks, snorkels, life vests, toys or any inflatable objects allowed when going off the board.
- No running on the diving boards.
- Anyone going off the diving boards must be able to swim to the side of the pool on their own. Catching someone who is jumping off the board is not permitted.
- Lifeguards may require a patron using the board to demonstrate safe swimming skills before diving.
- Lifeguards may halt any activities that appear to be unsafe or beyond the skills of the diver.

Failure to comply with the above listed rules could result in personal injury. Please ask lifeguard if you have questions concerning these rules.