

SUBSTANCE ABUSE AND MENTAL HEALTH ASSESSMENT
(Name of Agency)

(Date)

Client Name:

Client ID Number:

Address:

Phone:

Date of Birth:

Recommendations:

Background Information:

Instruments Administered:

The results of this assessment were obtained through a clinical interview; the American Society of Addiction Medicine (ASAM) Placement Criteria; and Diagnostic and Statistical Manual of Mental Disorders, fourth edition, text revision (DSM IV-TR).

Include the following in the above paragraph when it applies: collateral information, Utah Controlled Substance Database, Criminal Background information, SASSI, etc.

Presentation:

Include the following considerations here:

1. General presentation describing whether or not client was cooperative and forthcoming with information
2. Statement regarding general appearance and dress
3. Ability to sit through the assessment
4. Speech, rate and volume
5. Thought content
6. Past and/or current suicide ideation/attempts
7. Memory or concentration issues
8. Intellectual functioning

9. Impairment in judgment
10. Observation of mental status

Family of Origin

General Information

Mental Health

Substance use

American Society of Addiction Medicine:

The ASAM (American Society of Addiction Medicine) Placement Criteria supports this level of care. Dimensions 1 – 6 are evaluated as follows:

*Dimension 1 – Risk of acute intoxication/withdrawal: **Low/Medium/High***

Include the following considerations:

1. any impairment at the time of assessment
2. history of severe withdrawal/detoxification episodes or medical hospitalizations related to intoxication/withdrawal
3. current prescriptions for any controlled substances
4. assess severity based on acute need to either provide detoxification services and likelihood of acute intoxication/impairment
5. strengths related to management of intoxication or withdrawal, even if for brief periods

*Dimension 2 – Risk of medical conditions/complications: **Low/Medium/High***

Include the following considerations:

1. any medical problems the client reports that he is currently receiving treatment for and PCP proving care,
2. any allergies,
3. conditions the client reports he is in need of medical treatment for,
4. prescribed medications (include medications client self-reports he is currently prescribed or should be on) to treat a medical condition,
5. whether medical condition would interfere with participation in a certain level of care,
6. a medical issue that has triggered previous illicit drug or alcohol use or impedes ability to maintain abstinence,
7. history of intravenous drug use and status of testing
8. strengths related to management of physical conditions

*Dimension 3 – Risk of emotional, behavior, or cognitive conditions: **Low/Medium/High***

Include the following considerations:

1. previous mental health treatment including psychiatric hospitalizations,
2. current or previous psychiatric medications they may have been prescribed and the efficacy of the medication,
3. prior suicidal ideations or attempts and if intoxicated at the time (intent and lethality),
4. prior parasuicidal behaviors or self harm,
5. current mental health problems and assessment of severity,
6. self-medication
7. traumatic brain injuries and implications for cognitive and behavioral functioning,
8. low mental functioning, learning disabilities, educational disparity or mental retardation
9. impulse control issues/history of violent behavior
10. childhood and/or adult trauma – sexual, physical, emotional or otherwise
11. legal history that suggests characterological issues
12. results of Mental Status Exam
13. strengths related to ability to manage emotional, behavioral or cognitive conditions

*Dimension 4 – Assessment of client's readiness to change: **Low/Medium/High***

Include the following considerations:

1. internal and external motivations for treatment and client's insight into need for change
2. stage of change
3. client's willingness to accept level of care being recommended
4. client's observations of obstacles or barriers that may interfere with achieving or sustaining abstinence or attendance at treatment
5. strengths related to motivation to change such as willingness to take UA's, comply with court orders, desire to regain custody

*Dimension 5 – Risk of Relapse/Continued Use/Problem Potential: **Low/Medium/High***

Include the following considerations:

1. drug(s)/alcohol recently used
2. length of use
3. periods of abstinence, if any, voluntary versus mandated (in incarceration or on probation)
4. episodes of treatment and subsequent periods of abstinence if any
5. relapse/continued use triggers
6. life consequences of use
7. client's assessment of ability to achieve/sustain abstinence
8. any substance use and diagnosis (i.e. client meets criteria for dependence given her long history of difficulty controlling her use despite incurring negative consequences associated with her use)
9. strengths including preventative measures to deal with cravings or triggers

*Dimension 6 – Adequacy of physical environment and support system: **Low/Medium/High***

Include the following considerations:

1. current living situation
2. brief history of family of origin
3. relationship history (partner, parents, children, extended family, etc.)
4. peer relationships including support network
5. employment/source of income
6. transportation needs
7. childcare needs
8. cultural issues
9. strengths including community supports, interests and hobbies

Diagnostic Impression:

DSM-IV-TR

Axis I:

Axis II:

Axis III:

Axis IV:

Axis V/GAF:

Please feel free to contact me if you have any concerns or questions.

Name
Title