




Midvale Meal Calendar May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1  Birthday Meal Salisbury Steak Mashed Potatoes Brown Gravy Stewed Tomatoes Tropical Fruit Birthday Cupcake	2 Baked Salmon Rice Pilaf w/ Mushrooms Creole Sauce Broccoli & Florets Strawberries	3 Western Pork Stew Red Bliss Potatoes Scandanivian Blend Vegetables Spinach Romaine Salad Banana	4 Cinco De Mayo Special Chicken Enchilada  Beef Taco Pinto Beans Spanish Rice w/ Mole Sauce Sopapilla Flour Tortilla 
7 Pork Steak Lynnaise Potatoes Cider Glaze Broccoli & Florets Mixed Vegetables Peach Cobbler	8 Sweet & Sour Chicken Brown Rice Green Peas Pears Mocha Pudding	9 Baked Salmon Brown Rice Dill Sauce Garden Vegetable Salad Banana	10 Swedish Meatballs WG Pasta Swedish Sauce California Blend Vegetables Apple	11 Mother's Day Special Baked Chicken Breast  Tricolor Pasta Citrus Sauce Harvard Beets Broccoli & Florets Strawberry Short Cake
14 Baked Chicken Breast Brown Spanish Rice Verde Sauce Pinto Beans WG Tortilla Orange	15 Beef Pot Roast Whipped Potatoes Brown Gravy Green Beans Tangerine Lemon Pudding	16 Baked Salmon Tartar Sauce Roasted Fresh Zucchini Broccoli Cole Slaw Whole Wheat Roll	17 Carne Guisada Tex-Mex Corn w/Tomatoes Spinach / Romaine Salad Banana Flour Tortilla Sugar Cookie	18 Meatloaf Mashed Potatoes Brown Gravy Broccoli & Florets Carrots Pineapple Pistachio Fluff
21 Apple Farro Salad w/ Chicken Carrot Slaw Fresh Tangerine Pineapple Pudding Balsamic Vinigrette	22 Caribbean Chicken Chantilly Potatoes Italian Blend Vegetables Seasonal Fruit Lemon Cookie	23 Baked Salmon Parsley Potatoes Lemon Caper Sauce Scandanivian Blend Vegetables Banana	24 Meat Lasagna Mixed Vegetables Spinach Romaine Salad Pineapple Crunch Bar Ranch Dressing	25 Memorial Day Special Beef Hamburger Patty Hamburger Bun Lettuce & Tomato BBQ Baked Beans Corn Cobbette Chocolate Cupcake 
28 Center Closed 	29 Beef Tips Mashed Potatoes Brown Gravy Carrots Broccoli & Florets Orange Gelatin w/ Pears	30 Baked Salmon Rst. Red Potatoes Basil Cream Sauce Green Peas & Onions Spinach Romaine Salad Lemon Bar	31 Cheese Omelet Breakfast Turkey Sausage Western Omelet Sauce Rst. Red Potatoes Red/Gr. Bell Pepper & Onions Banana Salsa	Alternate Meals: SANDWICH & SALAD Week 1: Ham/Easy Chicken Pea Salad Week 2: Turkey/Marinated Vegetable Salad Week 3: Roast Beef/Radish Cucumber Salad Week 4: Ham/Garden Turkey Mini Salad Week 5: Turkey & Ham/Marinated Zucchini Salad