


Midvale September 2017



Monday	Tuesday	Wednesday	Thursday	Friday
	Alternate Meal Week 1: Strawberry Fields Salad w/ Tilapia Week 2: Taco Salad w/Beef Week 3: Taco Salad w/Shredded Chicken Week 4: Taco Salad w/Pork Week 5: Taco Salad w/Beef			BBQ CHICKEN on a bun Baked Beans Country Coleslaw Seasonal Fruit Apple Crunch Bar
4	5	6	7	8
CENTER CLOSED Labor Day	CHICKEN ENCHILADA BAKE Mexicali Corn Blushing Pears Dinner Roll Birthday Cupcake 	GRILLED SALMON w/ Tartar Sauce Green Peas & Onions Spinach Salad w/Egg Peanut Butter Bar	BAKED PORK w/Verde Sauce Brown Spanish Rice Pinto Beans Flour Tortilla Tropical Fruit Cup	POTATO CRUSTED FISH on a Deli Bun Mixed Vegetables* Country Coleslaw Seasonal Fruit
11	12	13	14	15
CHICKEN IN PEANUT SAUCE w/Steamed Brown Rice Broccoli Cuts & Florets Seasoned Carrots Coconut Pudding	MEAT LASAGNA Mixed Vegetables Spinach Romaine Salad Breadstick Red Gelatin w/ Peaches	GRILLED SALMON w/Creole Sauce Quinoa & Vegetables Steamed Spinach Marinated Zucchini Salad	BEEF STROGANOFF over Egg Noodles Garden Vegetable Salad Seasoned Green Beans Banana Choc. Chip Bar	GRILLED CHICKEN BREAST Lettuce & Tomato on a Deli Bun Succotash Seasonal Fruit
18	19	20	21	22
EGG, SAUSAGE, CHEESE BURRITO Rst. Red Potatoes Bell Peppers and Onions Flour Tortilla Seasonal Fruit	SALISBURY PATTY w/Gravy Au gratin Potatoes Seasoned Carrots Green Peas & Onions Spice Cake	GRILLED SALMON w/ Basil Cream Sauce Broccoli Cuts & Florets Spinach Romaine Salad Dinner Roll Rocky Road Pudding	CHICKEN POMODORA Over Penne Pasta Calif Blend Vegetables Garden Vegt Salad Seasonal Fruit	GRILLED PORK CHOPS Ranch Beans Pineapple Slaw Wheat Dinner Roll Joy's Applesauce Cookie
25	26	27	28	29
TURKEY ALA KING over a Biscuit Whole Kernel Corn Cut Green Beans Seasonal Fruit	TERIYAKI MEATBALLS w/ Brown Rice Broccoli Cuts & Florets Capri Blend Vegetables Sunshine Gelatin	GRILLED SALMON w/ Lemon Caper Sauce Mixed Vegetables Garden Vegetable Salad Almond Poppyseed Cake	ITALIAN MEATSAUCE Spaghetti Pasta Herbed Carrots Spinach Salad w/ Egg Cranberry Crunch Bar	GRILLED BRATS w/Green Peppers/Onions on a Wheat Bun Marinated Kidney Bean Salad Seasonal Fruit