



September 2017 Menu

Millcreek Senior Center

\$4.00 Suggested Donation Lunch served 11:30 -1:30

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|-----------------------------------|--|---|
|  |  | | | 1 Lemon and Dill Chicken |
| 4 Pork Chop | 5 Baked Cod | 6 Shepherd's Pie | 7 Teriyaki Salmon | 8 Skillet Hamburger Stroganoff |
| 11 Vegetable Chili  | 12 Baked Sausage Ziti | 13 Chicken Fajitas | 14 Lemon Caper Salmon | 15 Caprese Sandwich |
| 18 Beef Stew | 19 Fish Tacos with Crema | 29 Ground Beef Chili | 21 Grilled Salmon with Cucumber- Yogurt Salad | 22 Chicken Kabob |
| 25 Meatloaf | 26 Ground Turkey Wild Rice Soup | 27 Cheeseburger | 28 Herb Crusted Salmon | 29 Pork Chop |