6XQGD\ $QGHUVR
6HQLRU &HQ
0D\

868 West 900 South
Salt Lake City
Utah 84104
3KRQH -
+RXUV RI 2SHUDWLRQ
0RQGD\ )UL
D- P S P

Transportation

0RQGD\ ,V\LGD\
3LFN XS VWDUWV DW D P
'URS RIIV VWDUW DW S P
5HVHUYH +UV LQ DGYDQFH
6XJJHVWHG 'RQDWLRQ
HDFK ZD\

Lunch

0RQGD\ ,V\LGD\
6HUYHG - 1RRQ
6XJJHVWHG 'RQDWLRQ
8QGHU *XHVW 6XJJHVWHG
'RQDWLRQ

Healthy Breakfast

0RQG\ ,V\LGD\
6HUYHG DW
6XJJHVWHG 'RQDWLRQ
6SRQVRUHG E\ Sunday Anderson Senior Center
$GYLVRU\ &RPPLWWHH

Center Staff

$PEHU &KULVWHQVH
.DWH /RZ«
'DOH 2OVRQ « «««
-DVRQ +LOO«««
0RQW\ )LOLWD«
&DURO\Q 'DQLHOV

Senior Employ

'LQHK 7RUUHV

ZZZ VOFR RUJ V

National Senior Health and Fitness Day:

Brain Savers Summit

Wednesday, May 31st 2017
11:30 a.m. - 4:00 p.m.
Viridian Event Center
8030 S. 1825 W. West Jordan, Utah

To kickoff the event at 11:30 a.m. a free sack lunch will be offered at the park p
WKH ILUVW SHRSOH $W S P WKHUH ZL
by Celebrity Chef Katie Weinner from Top Chef Boston. From 3:15 p.m. there
will be presentations, a Brain Gym, exercise classes and the Drum Bus. At 3:45
will be a wrap up and prize drawings. Through out the event there will be variou
learn about many resources Salt Lake County has to offer.
bus will leave the center at 12:30 p.m. after lunch and will be returning to the ce
3:00 p.m. Cost of transportation is $1.00. Sign up at the front desk.

Mothers Day Celebration

‡7R WKH ZRUOG \RX
\RXU IDPLO\ \RX D

Friday, May 12th

D P 0RWKHU•V
6LQJLQJ E\ 7RQJDQ 0
reading, and presentation of Advis
&RPPLWWHH 0RWK

S P 0RWKHU•V
The menu is baked chicken breast
citrus sauce, tricolor pasta, Harva
beets, broccoli cuts & florets, strawb
shortcake. Reserve your meal by
Tuesday, May 2nd.

Memorial Day Program

Friday, May 26th at 12:00 p.m.

The owner of the largest collection of U.S
flags in the state of Utah, Devaughn Simpe
will be presenting her collection. She will
cover the history and evolution of the flag,
UXOHV FDUH RI IODJV D
%DQQHU· DQG ZK\ LW LV
Flag viewing starts at 12:00 p.m. in the din
room. Presentation will begin after lunch ha
been served.
A meal of beef hamburger patty on a bun w
lettuce & tomato, BBQ beans, corn on the
cob, and famous chocolate cupcake will be
served. Reserve your meal by Tuesday,
May 16th.