

# Softball Fall: INFORMATION SHEET

*Thank you for participating in our youth sports programs! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.*

*Participants will learn and develop fundamental softball skills with an emphasis on safety, sportsmanship, teamwork and fun. The following information below will provide the parent/guardian with more in-depth look at how the program will be organized and facilitated to give the participant and the parent/guardian a quality recreational experience. Thank you again and welcome to Salt Lake County youth sports!*

## General Program Information:

- ⇒ Softball games will start Tuesday, September 6th or Thursday, September 8th, depending on age division.
- ⇒ All games will be played at the:
  - ⇒ Vista Ball Field : (1950 West 4950 South, Taylorsville)
  - ⇒ Jordan Ball Park (1060 South 900 West, Salt Lake City)
- ⇒ Game days will be Tuesdays & Saturdays for 8U & 14U. Week day games will start after 5:30 pm & Saturday games will start after 9am
- ⇒ Game days will be Thursdays & Saturdays for 10U & 12U. Week day games will start after 5:30 pm & Saturday games will start after 9am
- ⇒ Equipment: participants will need to wear athletic shoes and provide their own softball mitt. Participants will be provided with all other necessary equipment.
- ⇒ Taylorsville Recreation Center does not provide practice space or times. Offering practices is up to the discretion of the coach.
- ⇒ Pictures are not included in the registration fee. Those interested in purchasing pictures will be responsible for payment directly to the picture company
- ⇒ ALL GAME SCHEDULES (INCLUDING RAINOUT MAKE-UP GAMES) WILL BE POSTED ONLINE AT [www.recreation.slco.org/taylorsville/](http://www.recreation.slco.org/taylorsville/)

## Other information:

- Our recreation programs utilize parent volunteers as coaches. If you would like more information on coaching, please contact the coordinator at [ksproul@slco.org](mailto:ksproul@slco.org)
- **A coaches meeting will be held on Thursday, August 25th at 5:30 pm at the Taylorsville Recreation Center.** Game schedules, rules, and picture day information will be included in the coaches' packet.
- Rainouts will be determined on the day of the game. The decision to cancel will be made one hour before play begins. Games will be made up at the end of the season unless you are otherwise notified. Coaches will be notified and expected to contact their team.
- According to House Bill 204, coaches for all participants of Salt Lake County sports programs are required to know, understand, and abide by the policy and procedure on concussions and head injuries. Any player suspected of a head injury/concussion must be removed from participation in the program, the Site Supervisor needs to be notified immediately at games, and the Sports Coordinator must be notified within 24 hours. The player may not return to participation in practice or games until he/she has received clearance from a medical professional and has provided that proof to the Program Coordinator. The Program Coordinator will notify the coach when that player is cleared to participate again.
- A coach or parent seeking to resolve a conflict or requesting answers to questions about the program should attempt to do so by speaking with personnel responsible for the program in the following order: 1. Coach. 2. Site Supervisor (usually located at game sites). 3. Program Coordinator (responsible for developing and maintaining the program). 4. Program Manager (oversees the Program Coordinator).

## Head Concussion Policy and Procedures—>

## ***Head Injury & Concussion Policy and Procedures***

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage [www.slco.org/recreation/taylorsville.youthSports](http://www.slco.org/recreation/taylorsville.youthSports)

## ***What can happen if my athlete keeps on playing with a concussion or returns too soon?***

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

## ***If you think your child/player has suffered a concussion***

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.