



LIFE GUARD CLASSES

Holladay Lions Fitness and Recreation Center
1661 E. Murray Holladay Road (385) 468-1700

2017 Classes

April 3rd - 14th	Pre-Screen Monday, March 27th @4:00 PM
May 1st - 12th	Pre-Screen Monday, April 24th @ 4:00 PM
May 30th - June 3rd	Pre-Screen Monday, May 22nd @4:00 PM

Pre - Screen: Swim 200 yards continuously using freestyle or breaststroke in a strong manner, 50 yards with head out of the water, 50 yards with life guard rescue tube, surface dive to retrieve a 10lb. Brick from 9 feet of water and tread 2 minutes with no hands.

Class Times: Monday, Wednesday, and Friday 5:00 pm - 9:00 pm
* Tuesday - Saturday 8:00 am - 3:00 pm

Cost: \$20.00 non-refundable deposit to hold spot in class.
\$55.00 due after passing the pre-screen

Cost includes Materials, training. Lifeguard certification (upon successful completion) and Star Guard Aquatics CAP folder)

A minimum of 5 students must be signed up and pass the pre-screen for the class to run
Must be 15 years old by the end of the class to take class

REGISTER ONLINE!
www.recreation.slco.org/holladaylions OR www.activityreg.com
OR fill out reverse side and bring in this flier
to register at our front desk.



For inclusion opportunities for people with disabilities, contact Ashley at 385-468-1520 or abowen@slco.org.



Registration Form



Check here to be contacted about inclusion opportunities for people with disabilities.

Participant's Name: _____ Date of Birth: _____

Parent's Name (if under 18): _____

Address _____

Phone: _____ Cell: _____ Work: _____

EMERGENCY CONTACT: _____ (Print)

EMERGENCY CONTACT PHONE: _____ CELL: _____

Emergency Contact Relationship to Participant: _____

Participant's Email address: _____

Parental Statement of Agreement – Assumption of Risk, Liability Release and Refund Policy

Assumption of Risk: I hereby acknowledge and agree that my child's participation in recreational activities involves inherent foreseeable and unforeseeable risks and hazards which may expose my child, or me, to illness, injury, or death. In consideration of my child's participation in such activities, I for myself, my child, my heirs, my executors and administrators, freely and voluntarily agree to assume and accept any and all risks to my child or myself associated with my child's participation in Salt Lake County recreational activities.

Release: In consideration of my child's participation in the Salt Lake County recreational activities, I, for myself, my child, my heirs, my executors and administrators hereby release Salt Lake County and its officers, agents, and employees from any cause of action, claim, or demand of any nature whatsoever I or my child may now have, or have in the future, against Salt Lake County on account of personal injury, property damage, death, or accident of any kind, caused by, arising out of, or in any way related to my child's participation in Salt Lake County recreational activities.

Indemnification: In consideration of my child's participation in the Salt Lake County recreational activities, I agree to indemnify and hold harmless County, its officers, agents, and employees from any and all causes of action, claims, demands, losses, or costs of any nature whatever cause by, arising out of, or in any way related to my child's participation in the Salt Lake County recreational activities. I agree that my duty to defend and indemnify the County under this Agreement includes all attorney fees, litigation and court costs, expert witness fees, and any sums expended by or assessed against the County for the defense of any claim or to satisfy any settlement, arbitration award, or verdict paid or incurred on behalf of the County arising out of or in any way related to my child's participation in the Salt Lake County recreational activities.

Refund: Refunds may only be requested in person and must be accompanied by a written request. As per Salt Lake County policy and procedures the Parks and Recreation Division may withhold 25% of the refund (program registration fee) for administrative costs. No refunds shall be given after the first day of the program.

Collections: I agree to pay Salt Lake County all costs incurred, together with reasonable attorney's fees in the event that my account is referred for collection. I understand that any account delinquent 30 days or more will be turned over to collection.

Emergency Treatment: I hereby authorize Salt Lake Parks and Recreation program staff to act on my behalf in accordance with their best judgment in case of an emergency involving my child, and agree to assume full responsibility for all expenses, medical or otherwise, that may arise therefrom.

Media Consent: I hereby grant permission to Salt Lake County to use my or my children's photograph, videotaped image, quotes/comments, or name for publicity and educational purposes in any and all publications and media without limit or compensation.

Name Posting: Unless otherwise indicated below, Salt Lake County is authorized to post or publish the name of my child participating in Salt Lake County recreational activities on the Salt Lake County website.

I do not authorize Salt Lake County to post or publish the name of my child participating in Salt Lake County recreational activities on the Salt Lake County website.

By signing this assumption of risk, liability release, and refund policy statement, I acknowledge that I have read its contents and disclosure, that I understand its contents and disclosure, and that I agree to its terms. If any portion of this Agreement is held to be invalid by a court of law, then it is agreed and intended that all the remainder shall, notwithstanding, continue in full force and effect.

Name of Child Participant: _____

Signature (Parent or Legal Guardian): _____

Date _____

FOR OFFICE USE ONLY...	RECEIPT #:	AMT.	BY:	DATE
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Please Make Checks Payable to:
Salt Lake County Parks and Recreation

