

Part of our Race Series.



5th Annual J.L. Sorenson

Outdoor Triathlon



& Health Fair

\$50

Sprint

- 400 Yard Swim
- 10.5 Mile Bike
- 5K Run

All Ages.

\$30

Kid's Triathlon

- 100 Yard Swim
- Approx. 3 Mile Bike
- 1 Mile Run

Ages 7-14.

\$75 or \$45/ team

Relay

- Distance: Sprint or Kid's
- Division: Male, Female, Co-ed
- Teams of 3

All Ages.

- Registration includes t-shirt (if registered by June 23)
- Finisher medals
- Awards given to top finishers
- Free swimming for participants and their families
- Register early - event may sell out
- Health fair free and open to the public 8am-11am

- Swim: Outdoor Pool
- Bike: Jordan River Trail
- Run: Jordan River Trail

Registration and more info:

Online:

<http://www.slco.org/recreation/jlsorenson>

In-Person: (See Reverse)

J.L. Sorenson Recreation Center
 5350 W Herriman Main Street
 Herriman, UT 84096

Scan the QR code for more info! →



Saturday, July 8, 2017
 7am Start
 Race Series Event 3 of 4



Select Race: Go to www.recreation.slco.org/jlsorenson for additional information!

Sprint Triathlon
 \$50.00 until Saturday, June 24; \$55.00 until deadline

Sprint Triathlon Relay
 (Circle one) Female Male Co-ed
 \$75.00 (\$25.00 each) until Saturday, June 24
 \$90.00 (\$30.00 each) until deadline

Kids Triathlon (7-14 yrs. only)
 \$30.00 until Saturday, June 24; \$35.00 until deadline

Kids Triathlon Relay (7-14 yrs. only)
 (Circle one) Female Male Co-ed
 \$45.00 (\$15.00 each) until Saturday, June 24
 \$60.00 (\$20.00 each) until deadline

Registration Deadline: Wednesday, July 5, 2017

No late/ day of race registrations accepted.

Numbers are limited: Register early.

*RACE DETAILS ARE SUBJECT TO CHANGE

*Shirts are not guaranteed after July 9

400/100 Yard Swim Time: _____

The competition will be seeded by fastest swim times first. The race will begin at 7am. Start will be a time trial style start. Start order will be posted on our website on Friday, July 15. Kids Triathlon/ relay will start at 9:30am. All up to date race information will posted on our website:

www.recreation.slco.org/jlsorenson

Race Shirt Size:

Youth: S M L
 Adult : S M L XL XXL

RELAY TEAMS ONLY

Fill out team information. Relay teams must register at the same time with forms stapled together.

Swim Athlete Name _____ Female/Male

Bike Athlete Name _____ Female/Male

Run Athlete Name _____ Female/Male

Name of Participant _____ Male _____ Female _____

Birth Date _____ Age _____

Address _____ City _____

State _____ Zip _____ E-mail Address _____

Parent or Guardian (if under 18) _____

Phone _____

In Emergency Notify (other than parent / guardian) _____

Emergency Phone: _____

Parental Statement of Agreement – Assumption of Risk, Liability Release and Refund Policy

Assumption of Risk: I hereby acknowledge and agree that my child's participation in recreational activities involves inherent foreseeable and unforeseeable risks and hazards which may expose my child, or me, to illness, injury, or death. In consideration of my child's participation in such activities, I for myself, my child, my heirs, my executors and administrators, freely and voluntarily agree to assume and accept any and all risks to my child or myself associated with my child's participation in Salt Lake County recreational activities.

Release: In consideration of my child's participation in the Salt Lake County recreational activities, I, for myself, my child, my heirs, my executors and administrators hereby release Salt Lake County and its officers, agents, and employees from any cause of action, claim, or demand of any nature whatsoever I or my child may now have, or have in the future, against Salt Lake County on account of personal injury, property damage, death, or accident of any kind, caused by, arising out of, or in any way related to my child's participation in Salt Lake County recreational activities.

Indemnification: In consideration of my child's participation in the Salt Lake County recreational activities, I agree to indemnify and hold harmless County, its officers, agents, and employees from any and all causes of action, claims, demands, losses, or costs of any nature whatever cause by, arising out of, or in any way related to my child's participation in the Salt Lake County recreational activities. I agree that my duty to defend and indemnify the County under this Agreement includes all attorney fees, litigation and court costs, expert witness fees, and any sums expended by or assessed against the County for the defense of any claim or to satisfy any settlement, arbitration award, or verdict paid or incurred on behalf of the County arising out of or in any way related to my child's participation in the Salt Lake County recreational activities.

Refund: Refunds may only be requested in person and must be accompanied by a written request. As per Salt Lake County policy and procedures the Parks and Recreation Division may withhold 25% of the refund (program registration fee) for administrative costs. No refunds shall be given after the first day of the program.

Collections: I agree to pay Salt Lake County all costs incurred, together with reasonable attorney's fees in the event that my account is referred for collection. I understand that any account delinquent 30 days or more will be turned over to collection.

Emergency Treatment: I hereby authorize Salt Lake Parks and Recreation program staff to act on my behalf in accordance with their best judgment in case of an emergency involving my child, and agree to assume full responsibility for all expenses, medical or otherwise, that may arise therefrom.

Media Consent: I hear by grant permission to Salt Lake County to use my or my children's photograph, videotaped image, quotes/comments, or name for publicity and educational purposes in any and all publications and media without limit or compensation.

Name Posting: Unless otherwise indicated below, Salt Lake County is authorized to post or publish the name of my child participating in Salt Lake County recreational activities on the Salt Lake County website.

I do not authorize Salt Lake County to post or publish the name of my child participating in Salt Lake County recreational activities on the Salt Lake County website.

By signing this assumption of risk, liability release, and refund policy statement, I acknowledge that I have read its contents and disclosure, that I understand its contents and disclosure, and that I agree to its terms. If any portion of this Agreement is held to be invalid by a court of law, then it is agreed and intended that all the remainder shall, notwithstanding, continue in full force and effect.

Name of Child Participant: _____

Signature (Parent (Legal Guardian) or Participant): _____ Date _____