

Learn to Play Semester 4 Teaching Schedule – 2017

PART ONE

WEEK 1 – Fri. 6/2 & Mon. 6/5

1. Behavior/Sportsmanship
 - a. Upon arrival at rink
 - b. In locker rooms
 - c. On the bench
 - d. During the game
 - e. After the game
2. Definitions
 - a. Items of the rink
 - i. Boards
 - ii. Gates
 - iii. Benches
 1. Player
 2. Penalty
 3. Scorekeeper
 - b. Majority of whistles
 - i. Off-sides
 - ii. Icing
3. Positions
 - a. Forward
 - b. Defense
 - c. Goaltenders

WEEK 2 – Fri. 6/9 & 6/12

1. Penalties defined
 - a. Cross Checking
 - b. Elbowing
 - c. High Sticking
 - d. Hitting from behind
 - e. Hooking
 - f. Holding
 - g. Tripping
 - h. Spearing
 - i. Butt ending
 - j. Slashing

WEEK 3 – Friday 6/16 & 6/19

1. Team play concepts
 - a. 1 on 1
 - b. 2 on 1

- c. 3 on 1
- d. 3 on 2

WEEK 4 – 6/23 & 6/26

1. Offensive and defensive positioning
 - a. Offensive zone
 - b. Defensive zone
 - c. Neutral zone
 - d. Face offs

NO CLASS 6/30 & 7/3

PART TWO

WEEK 5 – 7/7 & 7/10

1. Special teams
 - a. Power Play
 - b. Short handed

WEEK 6 7/14 & 7/17

1. Breakouts

NO CLASS 7/21 & 7/23

WEEK 7 – 7/28 & 7/31

1. Pre-Game warm-up
 - a. Show up time
 - b. Goalie warm up

Week 8 – 8/4 & 8/7

1. Game

