

# Boys Semi-Comp Basketball



SALT LAKE  
COUNTY

PARKS & RECREATION

## 2017 FALL INFORMATION SHEET

*Thank you for being part of J.L. Sorenson Recreation Center Youth Basketball. This is our 3rd season offering a Semi-Comp Team League and we are excited to provide this opportunity to our community. We also offer recreational leagues during Fall, Winter, Spring and Summer. All recreational programs are designed to help children continue to develop basketball skills in an atmosphere of sportsmanship, fair play, and fun. We also offer basketball camps throughout the year to teach the fundamentals and promote player development. Check out our website for more details on everything Youth Basketball.*

**Overview:** This is a Semi-Competitive Team League. This league will serve as a stepping stone between recreation basketball leagues and super leagues. This is not a league for pre-existing super league teams, but a league for recreation teams looking to make the transition to super league in the near future. Full team registration only.

**Rosters/Release Forms:** Rosters are due in [quickscores.com/jlsorenson](http://quickscores.com/jlsorenson) on September 2nd with a minimum of 8 players and a maximum of 12. Rosters are frozen on September 9th. No players will be added after this date without the permission of the league coordinator. Team waiver with all parent signatures is done at to scorekeeper before the first game. Coaches will need to print this form from quickscores. Players will not be permitted to play until their parent or legal guardian has signed the waiver.

**Games:** There will be 6 games and a single elimination tournament. All games will be played at local middle schools, beginning on Saturday, September 9th. Game time requests will be taken from coaches only, but no guarantees. Forfeited games will not be made up for any reason. If you know your team has to forfeit please notify Angie. **Game schedules will be available online at [www.quickscores.com/jlsorenson](http://www.quickscores.com/jlsorenson) by the end of day on Wednesday, August 30th.**

**Practices:** Practices will begin the week of September 4th. Each team will be scheduled one 60 minute weekly practice time. Times will range from 4:00pm-9:00pm. Coaches will choose their practice time. Four teams will be scheduled to practice each hour. Coaches may request a second, 1 hour, practice time during the week for a fee of \$100 by emailing Angie at [ansmith@slco.org](mailto:ansmith@slco.org) if additional times are available. Teams will not be allowed in the gym until their scheduled practice time and will need to exit the gym promptly at the end of their scheduled practice time. This allows the next team to start their practice on time. We will not provide basketballs or other equipment.

**Jerseys:** We do not provide jerseys for this league. All teams must be properly equipped with team shirts/jerseys by the first game. Teams must have a light and dark jersey. The team listed as HOME on the schedule will wear their light jerseys while the team listed as AWAY will wear their dark jersey. If you have questions please contact Angie.

**Picture Day:** There will NOT be a scheduled picture day for this program. Feel free to get your team together and take team pictures on your own time with your own equipment.

**Sportsmanship:** Parents please remember that the program is for the children participating. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. A coach or parents seeking to resolve a conflict or issue should attempt to do so by speaking with personnel responsible for the program in the following order: (1) Coach, (2) Site Supervisor (can be located around game sites), (3) Program Coordinator (responsible for program development, management and overall supervision).

**Coach Expectations:** We expect all coaches and assistant coaches to uphold the Parton Standards of Conduct and display a high level of sportsmanship throughout the entire league. Any coach who receives 3 technical fouls will be suspended from the league for the rest of the season with the possibility of a suspension for future seasons. Coaches are responsible for their spectators and are expected to enforce the sportsmanship standards at all practices and games.

For more information please email Angie Smith at [ansmith@slco.org](mailto:ansmith@slco.org)

# INFORMATION SHEET

## ***Head Injury & Concussion Policy and Procedures***

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches to follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage—[www.slco.org/recreation](http://www.slco.org/recreation)

### ***What can happen if my athlete keeps on playing with a concussion or returns too soon?***

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for our young athlete's safety.

### ***If you think your child/player has suffered a concussion***

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

### **The Patron Standard of Conduct**

This is a Salt Lake County Parks & Recreation activity. Patrons are subject to the division's Policy on Patron Conduct and activity-specific rules. You may request a copy of this policy and activity-specific rules from the site supervisor.