

FALL 2017 FLAG FOOTBALL

INFORMATION SHEET



PARKS & RECREATION

Thank you for participating in our youth sports programs! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.

Our 2017 Fall Flag Football program is a non-contact football program, great for learning the fundamentals with an emphasis on fun and fair play. Program is highly recommended for individuals who may eventually want to play in a full contact league, or would like a safer alternative to contact leagues, as well as individuals who want a program with less emphasis on winning and more emphasis on fun. This program is for boys and girls grades 1st-6th grade. Coaches and parents are encouraged to focus on the big picture and make sure that participants are having FUN!! The following information will provide you with a more in-depth look at how the program will be organized and facilitated to give your participant a quality experience. Thank you again and welcome to Salt Lake County youth sports!

Team Assignments: will be posted online on our website at slco.org/recreation/marvJenson/ by 5 pm on Friday, September 1st. Please check to see what team and what coach your child has been assigned to play for this season. Each team will have 8 players on the field during the game. 12 is the maximum number of participants per team.

Coaches Meeting: will be held Thursday, August 31st at 6:00 pm at the Marv Jenson Recreation Center. ALL COACHES need to attend or send a team representative. Coaches will receive rosters and jerseys.

Organization Day: September 9th. Players will meet their coaches and teammates. We will go over sportsmanship, rules, and head injury information. After participants meet their coaches and teammates we will go over parent information and the Marv Jenson staff will go over essential skills for flag football.

⇒ ALL PARENTS AND PARTICIPANTS must be in attendance. Times for your team will be posted to the Marv Jenson website by Friday, September 1st.

Games: This program will have 2 weeknight games and 5 Saturday games. Games will be played on Tuesdays & Saturdays for 1st/2nd grade league. Wednesdays & Saturdays for 3rd/4th grade league. Thursdays & Saturdays for 5th/6th grade. Dates and times of the games are not guaranteed and are subject to change depending on number of teams. Locations for games will be at the Marv Jenson fields west of the recreation center.

Rainouts: Please follow our Marv Jenson Facebook page for rainouts. Games are typically played in all weather conditions. In the case of severe or forecasted severe weather it will be at the discretion of Marv Jenson staff on whether or not to hold games. Coaches will be notified of cancellations, so contact your coach about rainouts.

Schedules: will be posted online at slco.org/marv-jenson/

Practices: Coaches are responsible to organize practices at a time and location that works best for the team. There will be no designated practice time on Marv Jenson fields.

Equipment: Participants will receive a reversible NFL Flag Jersey and flags from the league. Players must wear athletic shorts or pants, as well as athletic shoes or football cleats. Mouth guards are recommended but not required. 1st-4th grade will use the peewee size football. 5th/6th grade will use the junior size. Football or soccer cleats are acceptable footwear.

Volunteers: All coaches that complete the Salt Lake County online coaching certification will receive a 50% off coaching voucher for the next upcoming season as a thank you for coaching. Please note that all volunteer coaches will be required to submit to a background check (as per Salt Lake County Policy).

Sportsmanship: Parents please remember that the program is for the children participating. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. A coach or parents seeking to resolve a conflict or issue should attempt to do so by speaking with personnel responsible for the program in the following order: (1) Volunteer Coach, (2) Site Supervisor (can be located around game sites), (3) Program Coordinator (responsible for program development, management and overall supervision).

For more questions please email Jason at jkehr@slco.org

Please see the reverse side for Upcoming Programs and Head Concussion Policy and Procedures—————>

Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage www.slco.org/recreation/taylorsville.youthSports

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.