

NFL FLAG FOOTBALL



INFORMATION SHEET FALL 2017

Thank you for participating in our youth sports programs!

Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today. Our 2017 Fall Flag Football program is a non-contact football program, great for learning the fundamentals with an emphasis on fun and fair play. The program is highly recommended for individuals who may eventually want to play in a full contact league, or would like a safer alternative to contact leagues, as well as individuals who want a program with less emphasis on winning and more emphasis on fun. This program is for boys and girls grades 1st-6th grade. Coaches and parents are encouraged to focus on the big picture and make sure that participants are having FUN!! The following information will provide you with a more in-depth look at how the program will be organized and facilitated to give your participant a quality experience. Thank you again and welcome to Salt Lake County youth sports!

Volunteers: Parents we need you! Coaching only requires 2 hours a week and some time spent to organize and communicate with your team. If you could donate 2 hours each week, please sign up to be the coach for your child's team. There is no experience needed, we just ask you to encourage fair play, team work and fun. All coaches that complete the online coaching certification will receive a 50% off coaching voucher for an upcoming season as a thank you for coaching. Please note that all volunteer coaches will be required to submit to a background check. **Please fill out the coaches box** on the registration form if you would like to coach your team. If you have any questions concerning coaching please contact Mike at mgoolsby@slco.org or 385-468-1951.

We accept player requests and will do our best to place your child on the team requested. Teams that register as a team must have at least 10 players and are then considered full teams and will not have players added to their team. Individual signups and teams less than 10 players will have players added to their team to make full teams. 12 is the maximum number of players per team. Team rosters will be given to the coaches at the coaches meeting. If you have not been notified by your coach by August 24th please call the Gene Fullmer Recreation Center at 385-468-1951 for information concerning your team.

Coaches Meeting is on August 22nd at 6 PM at the Gene Fullmer Recreation Center. Coaches will receive their team rosters, receive their game schedule, and receive their team uniforms. At the meeting we will discuss rules, any league business and answer all questions. We would please like to have all coaches attend the meeting or have a representative for the team come to the meeting.

Games will begin on August 26th. Teams will play 1 game a week. All games will be played on Saturdays. If we have weather or other field problems we will use a weeknight for make up games. The game schedule will be posted on the Gene Fullmer Web Site thru the Quickscore link. The location of the games will be at West Jordan Constitution Park (3200 West 7000 South). Practices are optional. Practice can start any time after the coaches meeting. The Practice location, day and time will be selected by the coach for what works best for the team.

Participants will receive a reversible NFL Flag Jersey and flags from the league. Players must wear athletic shorts or pants, as well as athletic shoes or football cleats. Mouth guards are recommended but not required. 1st-4th grade will use the junior size football. 5th/6th grade will use the intermediate size.

Sportsmanship: Parents please remember that the program is for the children participating. The priority is that the participants safely play football and have fun. Any person (players, spectators, parents, etc.) behaving in an inappropriate manner will be asked to leave the game or practice. The decisions of the game officials and site supervisors are final. **The Goal is for everyone to come and have fun.**

If you have any question or need more information please
contact Mike at mgoolsby@slco.org 385-468-1951

Upcoming Gene Fullmer Programs

Jr Jazz Basketball November

Super League Basketball March

Girls Softball March

Soccer April

Tee Ball May

Track and Field May

LEGO Camp June

Tennis June, July, and August

Team Tennis June

Dance Year Round

Hop Ki Do Year Round

Swim Lessons Year Round

Ballet Year Round

Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage.

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event. You should also inform your child's coach if you think that your child/ player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

