

Girls Softball Program

INFORMATION SHEET SPRING 2018

8U&10U Information

Clinic Day:

- We will start the season off with clinic on Saturday, April 14.
- Please come 15 minutes early to meet with your team
- Clinic will be held at Gene Fullmer. Time TBD

Game Locations:

- Games will be played at Veteran's Memorial Park Field 5 & Field 6
- Field 5 is on the corner of 7800 S 2200 W
- Field 6 is directly north of Gene Fullmer

Games:

- Games will be played Mondays, Wednesdays and Saturdays. Games are tentative during the week
- Weeknight games will start at 5:30 pm and 6:30 pm.
- Saturday games will start at 9:00 am.
- Game schedules will be posted online at quickscores.com/genefullmer on Thursday, April 12.

12U&14U Information

Clinic Day:

- We will start the season off with clinic on Saturday, April 14.
- Please come 15 minutes early to meet with your team
- Clinic will be held at Vista Ball Park. Time TBD

Game Locations:

- Games will be played at Vista Park (1950 W 4950 S) and/or Redwood Rec Center (3060 S Lester St)

Games:

- Games will be played Thursdays and Saturdays. Games are tentative during the week.
- Saturday games will start at 9:00 am.
- Game schedules will be posted online at quickscores.com/genefullmer on Thursday, April 12.

Coaches Meeting:

- **Coaches meeting is on Wednesday, April 11 at 7:00 pm at the Gene Fullmer Recreation Center**
- If you volunteer to coach please make sure to fill out a volunteer coaches packet (available at the front desk).

Team Information:

- **You will receive an email by Thursday, April 12 with your team number and coaches information.** If you do NOT receive this email please contact the front desk and verify your email address.

Practices:

- Practices will be held at the coaches discretion

Equipment:

- Bases, helmets, bats, catcher's gear and softballs will be provided for games.
- We recommend that your child wear an athletic shoe, cleats are not required.

Rain-Outs:

- We will call rain-outs as soon as we can.
- All rain-outs will be posted on quickscores.com/genefullmer. I recommend checking quickscores before contacting the front desk or your coach.

Picture Day:

- 8U&10U Picture Day is Saturday, May 19. 12U&14U Picture Day is TBD.
- Pictures will be taken before your game. **Pictures are NOT included in the program fee.**

For more questions please email Liz Lujan At elujan@slco.org

Please see the reverse side for Head Concussion Policy and Procedures----->

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Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage www.slco.org/recreation/taylorsville.youthSports

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.