

OUTDOOR SOCCER

INFORMATION SHEET FALL 2017

Thank you for participating in our youth sports programs! Salt Lake County Parks & Recreation youth sports programs are provided to give all kids the opportunity to participate in recreational sports and serve an important role in addressing the diverse health challenges facing youth today.

Our 2017 Fall Soccer program is designed to be a recreational soccer league for youth Pre-K (3-4 years old) through 6th grade. Participants learn and develop fundamental soccer skills with an emphasis on safety, sportsmanship, teamwork, and fun. The following information below will provide the parent/guardian with a more in-depth look at how the program is organized and facilitated, which gives the participant and the parent/guardian a quality experience. Thank you again and welcome to Salt Lake County youth sports!

Teams: We will try to accommodate coaches' and parents' requests to have their children play on the same team as their friend, but we do not want to overload coaches and teams. **There is no guarantee that your child will be on the team you requested, especially if you register after the registration deadline.** Teams may be combined due to the number of registrations. For the Pre-K and Kindergarten divisions, we allow a maximum of 10 players per team. For the 1st through 4th grade divisions, we allow a maximum of 12 players per team. For the 5th/6th grade division, we allow a maximum of 16 players per team.

Team assignments are emailed prior to Organization Day: Saturday, September 9th.

Organization Day: On Organization Day, players meet their coach and teammates. They also have a chance to set-up practice times and receive game schedules. Coaches and refs may set-up a few practice drills for each team.

ORGANIZATION DAY

Saturday, April 22nd at Copperview Rec. Center, meet on soccer fields

Pre-Kindergarten: 9:00 am

Kindergarten: 10:00 am

1st/2nd Grades: 11:00 am

3rd—6th Grades: 12:00 pm

Games: Games begin **Tuesday, September 12th.** Games are played on Tuesday evenings and Saturday mornings at Copperview Recreation Center. Coaches will be notified of any schedule changes via email/phone and parents will be notified from the coaches. Depending on the number of teams in the 5th-6th grade divisions, the teams could play some Tuesday and Saturday games at Dimple Dell Recreation Center (10670 S 1000 E). **Game times will vary depending on total number of teams that registered for the program. Game times are also subject to change.** Coaches need to arrive 15 minutes prior to game time.

Game Schedules are handed out on Organization Day, Saturday, September 9th

Practices: Practices are held at the coach's discretion. Equipment is available to coaches for use at the recreation center. Coaches are responsible for arranging practices for their team. Pre-Kindergarten and Kindergarten teams will practice 20 minutes before the start of each game.

Coaches: PARENTS, WE NEED YOU!!! If you could donate a couple of hours each week, please sign up to be the coach for your child's team. **No experience is needed.** We ask that you to encourage fair play, teamwork, and fun. Please note that all volunteer coaches are required to submit to a background check (as per Salt Lake County Policy).

Mandatory Coaches Meeting:

Wednesday, September 6th @ 6:00pm at Copperview Rec. Center

Subjects Discussed:

Pictures, rosters, awards, organization day, and any questions

Team Photo: LifeTouch is conducting the team photos. Team photos are not included in the participation fee. The photo shoot is scheduled for **TBA.** Coaches will be informed on the time of the photo shoot. Pictures are distributed on the last day of the season.

Award: All participants receive a participation award at the last game of the season.

Make-up Games: Rain-outs/cancelled games are rescheduled after the end of the regular season games. **Final rainout decisions are made by 4:30 pm on weekday games and 8:30 am on Saturdays.** Information will be posted on Copperview's Facebook page. Information is also sent out via text messaging, if you signed up for text updates.

Please see the reverse side for Head Concussion Policy and Procedures—————>

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Head Injury & Concussion Policy and Procedures

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage www.slco.org/recreation/taylorsville.youthSports

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.