

	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday																								
	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8																	
5:00 AM	Herriman Swim Team 5:00am-6:30am								Herriman Swim Team 5:00am-6:30am								Herriman Swim Team 5:00am-6:30am								Herriman Swim Team 5:00am-6:30am								Herriman Swim Team 5:00am-6:30am								Center Closed								5:00 AM																								
5:30 AM	Open Lap swim								Open Lap swim								Open Lap swim								Open Lap swim								Open Lap swim																5:30 AM																								
6:00 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim																6:00 AM																								
6:30 AM	I-Tri 6:30am-8:00am								Masters 6:30am-8:00am								Masters 6:30am-8:00am								Masters 6:30am-8:00am								Masters 6:30am-8:00am								Pool Closed								6:30 AM																								
7:00 AM	Open Lap swim								Open Lap swim								Open Lap swim								Open Lap swim								Open Lap swim																7:00 AM																								
7:30 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim																7:30 AM																								
8:00 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Squids 8am-9am								8:00 AM																								
8:30 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								8:30 AM																								
9:00 AM	Water Aerobics deep and shallow 9am-10am								Water Aerobics 9am-10am								Water Aerobics 9:00am-10:00am								Water Aerobics 9:00am-11:00am								Water Aerobics 9:00am-11:00am								Herriman Swim Team 9:30am-11am								9:00 AM																								
9:30 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								9:30 AM																								
10:00 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								10:00 AM																								
10:30 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								10:30 AM																								
11:00 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								11:00 AM																								
11:30 AM	Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								Open Lap Swim								11:30 AM																								
12:00 PM	Splash and Swim! Lanes will be widthwise at this time. Diving Boards open. 12pm-3pm								Splash and Swim! Lanes will be widthwise at this time. Diving Boards open. 12pm-3pm								Splash and Swim! Lanes will be widthwise at this time. Diving Boards open. 12pm-3pm								Splash and Swim! Lanes will be widthwise at this time. Diving Boards open. 12pm-3pm								Splash and Swim! Lanes will be widthwise at this time. Diving Boards open. 12pm-3pm								Dive team 12:30pm-3:30pm diving boards closed to public LAP SWIM WILL BE WIDTH WISE Spdash and swim 12pm-8:30pm								Splash and Swim! Lanes may be widthwise at this time. Diving Boards Open for Patron Use. 11am-2:30pm								12:00 PM																
12:30 PM																																									Scouts shallow lanes 1-4 12:30pm-3:30pm appointments Only																Scouts shallow lanes 1-4 12:30pm-3:30pm appointments Only								Scouts shallow lanes 1-4 12:30pm-3:30pm appointments Only								12:30 PM
1:00 PM																																									Scouts shallow lanes 1-4 12:30pm-3:30pm appointments Only																Scouts shallow lanes 1-4 12:30pm-3:30pm appointments Only								Scouts shallow lanes 1-4 12:30pm-3:30pm appointments Only								Scouts shallow lanes 1-4 12:30pm-3:30pm appointments Only
1:30 PM	Riverton Swim team 3pm-4:30pm								Riverton Swim team 3pm-4:30pm								Riverton Swim team 3pm-4:30pm								Riverton Swim team 3pm-4:30pm								Riverton Swim team 3pm-4:30pm								Splash and Swim! Lanes may be widthwise at this time. Diving Boards Open for Patron Use. 3:30pm-8:30pm								1:30 PM																								
3:30 PM	Herriman USA Team 4:30pm-6pm								Herriman USA Polo Team 4:30pm-6pm								Herriman USA Team 4:30pm-6pm								Herriman USA Polo Team 4:30pm-6pm								Herriman USA Team 4:30pm-6pm																3:30 PM																								
4:00 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm																4:00 PM																								
4:30 PM	Squids and Swim Lessons 7pm-8pm								Scouts Clinic Open Open Open Lessons H2O Aero								Squids and Swim Lessons 7pm-8pm								Scouts Lesson Open Open Open Tsunami Fitness								Splash and Swim! Lanes will be widthwise until 8:30pm								4:30 PM																																
5:00 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								5:00 PM																																
5:30 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								5:30 PM																																
6:00 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								6:00 PM																																
6:30 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								6:30 PM																																
7:00 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								7:00 PM																																
7:30 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								7:30 PM																																
8:00 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								8:00 PM																																
8:30 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								8:30 PM																																
9:00 PM	Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								Squids 6pm-7pm								9:00 PM																																

During splash and swim times, Lap lanes will be set up widthwise, or put in the leisure pool. Please ask a Headguard (red shirt) if you have any questions. Diving boards are open during splash and swim times. Schedule and lap lane availability subject to change due to Special Events or closures. Notice will be given about special events in entry and website. Please note that Aquatics staff and management reserve the right to adjust program scheduling and lane space as needed and without notice.