

ACORD ICE CENTER

385-468-1965

slco.org/acord-ice

5353 West 3100 South WVC, UT 84120



Freestyle Skating Schedule

FS - Freestyle Session (60 minutes) \$5.00

Designated for skaters training on their skating skills, jumps, choreography, dance or MITF.

No more than two skaters per coach during a private lesson.

FS/SYNC - Freestyle Synchro Session (60 minutes) \$5.00

Synchronized skating is allowed during these sessions. All skaters must pay the \$5.00 fee.

FS/GR-Freestyle Group Session (60 minutes) \$5.00

More than 2 skaters per coach during a private lesson is allowed.

PS - Power Stroking (30 minutes) \$3.00

30 minute instructional class designed to improve power and edge control.

CI - Club Ice *Must be club member

All skaters and coaches must pay and check in at the front office prior to entering the ice.

Please see reverse side for the Freestyle Rules.

Coach fee is \$5.00 per session (per hour) or \$120.00 per month. Must be a licensed coach with Salt Lake County.



August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 FS 3:15-4:15pm FS 4:15-5:15pm	2 FS 4:15-5:15pm FS 5:30-6:30pm	3 FS 11:30-12:30pm FS 12:45-1:45pm
4 FS 11:45-12:45pm	5 FS 4:15-5:15pm FS 5:30-6:30pm	6 FS 3:15-4:15pm FS 4:15-5:15pm	7 FS 3:15-4:15pm FS 4:15-5:15pm	8 FS 3:15-4:15pm FS 4:15-5:15pm	9 FS 4:15-5:15pm FS 5:30-6:30pm	10 FS 10:30-11:30am FS 11:45-12:45pm
11 FS 11:45-12:45pm	12 FS 4:15-5:15pm FS 5:30-6:30pm	13 FS 3:15-4:15pm FS 4:15-5:15pm	14 FS 3:15-4:15pm FS 4:15-5:15pm FS 5:30-6:30pm	15 FS 3:15-4:15pm FS 4:15-5:15pm	16 FS 4:15-5:15 FS 5:30-6:30	17 FS 10:30-11:30am FS 11:45-12:45pm
18 FS 11:45-12:45pm	19 FS 4:15-5:15pm FS 5:30-6:30pm	20 FS 3:15-4:15pm FS 4:15-5:15pm	21 FS 4:15-5:15pm FS 5:30-6:30pm	22 FS 3:15-4:15pm FS 4:15-5:15pm	23 FS 4:15-5:15 FS 5:30-6:30	24 FS 10:30-11:30am FS 11:45-12:45pm
25 FS 11:45-12:45pm	26 FS 4:15-5:15pm FS 5:30-6:30pm	27 FS 3:15-4:15pm FS 4:15-5:15pm	28 FS 4:15-5:15pm FS 5:30-6:30pm	29 FS 4:15-5:15pm	30 FS 4:15-5:15 FS 5:30-6:30	31 FS 10:30-11:30am FS 11:45-12:45pm



For inclusion opportunities for people with disabilities, contact 385-468-1520 or InclusionRec@slco.org.



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