

# ACORD ICE CENTER

385-468-1965 slco.org/acord-ice 5353 West 3100 South WVC, UT 84120



## Freestyle Skating Schedule

**FS - Freestyle Session (60 minutes) \$5.00**

Designated for skaters training on their skating skills, jumps, choreography, dance or MITF.  
No more than two skaters per coach during a private lesson.

**FS/SYNC - Freestyle Synchro Session (60 minutes) \$5.00**

Synchronized skating is allowed during these sessions. All skaters must pay the \$5.00 fee.

**FS/GR-Freestyle Group Session (60 minutes) \$5.00**

More than 2 skaters per coach during a private lesson is allowed.

**PS - Power Stroking (30 minutes) \$3.00**

30 minute instructional class designed to improve power and edge control.

**CI - Club Ice \*Must be club member**

All skaters and coaches must pay and check in at the front office prior to entering the ice.

Please see reverse side for the Freestyle Rules.

Coach fee is \$5.00 per session (per hour) or \$120.00 per month. Must be a licensed coach with Salt Lake County.



## September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 FS 4:15-5:15	4 FS 4:15-5:15 CI 5:30-6:30	5 FS 4:15-5:15	6 FS 3:15-4:15 FS 4:15-5:15	7
8	9 FS 3:15-4:15 FS 4:15-5:15	10 FS 4:15-5:15	11 FS 4:15-5:15 CI 5:30-6:30	12 FS 4:15-5:15	13 FS 3:15-4:15 FS 4:15-5:15	14
15	16 FS 3:15-4:15 FS 4:15-5:15	17 FS 4:15-5:15	18 FS 4:15-5:15 CI 5:30-6:30	19 FS 4:15-5:15	20 FS 3:15-4:15 FS 4:15-5:15	21
22	23 FS 3:15-4:15 FS 4:15-5:15	24 FS 4:15-5:15	25 FS 4:15-5:15 CI 5:30-6:30	26 FS 4:15-5:15	27 FS 3:15-4:15 FS 4:15-5:15	28 FS 4:30-5:30pm
29	30 FS 3:15-4:15 FS 4:15-5:15					



For inclusion opportunities for people with disabilities, contact 385-468-1520 or InclusionRec@slco.org.



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