

Frequently Asked Questions

Q. What is Critical Illness insurance?

A. This is coverage that can help cover the extra expenses associated with a serious illness. When a serious illness happens to you or a loved one, this coverage provides you with a lump-sum payment of \$15,000 or \$30,000 in Initial Benefits upon diagnosis. The Total Benefit Amount available to you is 3 times the Initial Benefit Amount, which is \$45,000 or \$90,000, in the event that you suffer more than one Covered Condition. Payment(s) you receive will be made in addition to any other insurance you may have and may be spent as you see fit.

Q. What types of illnesses are covered under this plan?

A. If you meet the group policy and certificate requirements, Critical Illness insurance provides you with a lump-sum payment upon diagnosis of the following conditions:

- ✓ Full Benefit Cancer¹
- ✓ Partial Benefit Cancer¹
- ✓ Heart Attack
- ✓ Stroke²
- ✓ Kidney Failure
- ✓ Coronary Artery Bypass Graft³
- ✓ Alzheimer's Disease⁴
- ✓ Major Organ Transplant
- ✓ 22 Listed Conditions⁵ (see your Outline of Coverage for details)

Q. What happens if I have a recurrence?

A. Your plan pays a Recurrence Benefit for the following covered conditions: Heart Attack, Stroke, Coronary Artery Bypass Graft, Full Benefit Cancer and Partial Benefit Cancer. A Recurrence Benefit is only available if an Initial Benefit has been paid for the Covered Condition. There is a Benefit Suspension Period between Recurrences.⁶

Q. Who is eligible to enroll for this coverage?

A. You and your eligible family members!⁷ You just need to apply during your enrollment period.

Q. I have a good medical plan at work. Why do I need Critical Illness insurance?

A. Even quality medical and disability income plans don't always cover all of your expenses. For example, your medical coverage may have deductibles and copays and may not cover out-of-network treatments. And if you're out on disability, only a portion of your income may be covered. With the average person spending thousands of dollars during a time of critical illness and recovery,⁸ most people will need the means to cover extra medical and daily living expenses for items like groceries, housing expenses, car payments, and more.

Q. Can I enroll for this coverage without having to take a medical exam?

A. Yes. Provided you are actively at work, your enrollment is guaranteed.⁹



Payments may be used to help pay for expenses generally not covered by medical and disability income coverage.

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continued >>

Q. Are there any other benefits payable under this Critical Illness insurance plan?

A. Yes. This plan provides an annual benefit per calendar year for eligible health screenings/prevention measures. This benefit amount is above and beyond the Total Benefit Amount. Your Health Screening Benefit¹⁰ Amount will be based on the Initial Benefit you selected:

- ✓ \$15,000 = \$50 Health Screening Benefit
- ✓ \$30,000 = \$100 Health Screening Benefit

Q. How much does Critical Illness insurance cost?

A. This coverage may be less expensive than you think! You can put this coverage in place as a way to supplement your medical and disability income plans. Exact rates can be found in the materials provided by your employer.

Q. How do I pay for my coverage?

A. Premiums will be conveniently paid through payroll deduction, so you never have to worry about writing a check or missing a payment.

Q. Are payments made directly to me or my health care provider?

A. Payments will be made directly to you, not to the doctors, hospitals or other health care providers. You will receive a check, mailed directly to your home.

Q. What happens if my employment status changes? Can I take my coverage with me?

A. Yes. This coverage is “portable,” meaning you can take it with you if your employment status changes.¹¹

HAVE OTHER QUESTIONS?

Please call
MetLife directly at
1 800 GET-MET8
(1-800-438-6388)
and talk with a
benefits consultant.

¹ Please review the Disclosure Statement or Outline of Coverage/Disclosure Document for specific information about cancer benefits. Not all types of cancer are covered. Some cancers are covered at less than the Initial Benefit Amount. For NH-situated cases and NH residents, there is an initial benefit of \$100 for All Other Cancers.

² In certain states, the Covered Condition is Severe Stroke.

³ In NJ situated cases, the Covered Condition is Coronary Artery Disease.]

⁴ Please review the Outline of Coverage for specific information about Alzheimer’s Disease.

⁵ MetLife Critical Illness Insurance will pay 25% of the Initial Benefit Amount for each of the 22 Listed Conditions until the Total Benefit Amount is reached. A Covered Person may only receive one payment for each Listed Condition in his/her lifetime. The Listed Conditions are: Addison’s disease (adrenal hypofunction); amyotrophic lateral sclerosis (Lou Gehrig’s disease); cerebrospinal meningitis (bacterial); cerebral palsy; cystic fibrosis; diphtheria; encephalitis; Huntington’s disease (Huntington’s chorea); Legionnaire’s disease; malaria; multiple sclerosis (definitive diagnosis); muscular dystrophy; myasthenia gravis; necrotizing fasciitis; osteomyelitis; poliomyelitis; rabies; sickle cell anemia (excluding sickle cell trait); systemic lupus erythematosus (SLE); systemic sclerosis (scleroderma); tetanus; and tuberculosis.

⁶ MetLife will not pay a Recurrence Benefit for a Covered Condition that Recurs during a Benefit Suspension Period. MetLife will not pay a Recurrence Benefit for either a Full Benefit Cancer or a Partial Benefit Cancer unless the Covered Person has not had symptoms of or been treated for the Full Benefit Cancer or Partial Benefit Cancer for which we paid an Initial Benefit during the Benefit Suspension Period.

⁷ Eligible Family Members means all persons eligible for coverage as defined in the Certificate.

⁸ MetLife Financial Impact of Critical Illness Study, April 2010.

⁹ Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage. Additional restrictions apply to dependents serving in the armed forces or living overseas. [For CA situated cases, coverage is guaranteed provided (1) the employee is performing all of the usual and customary duties of your job at the employer’s place of business or at an alternate place approved by your employer (2) dependents are not subject to medical restrictions as set forth on the enrollment form and in the Certificate.]

¹⁰ In most states there is a 30 day waiting period for the Health Screening Benefit. There is no waiting period for MD situated cases. The Health Screening Benefit is not available to NH situated cases or NH residents. There is a separate mammogram benefit for MT residents and for cases situated in CA and MT.]

¹¹ See your Certificate for details.

METLIFE’S CRITICAL ILLNESS INSURANCE (CII) IS A LIMITED BENEFIT GROUP INSURANCE POLICY. Like most group accident and health insurance policies, MetLife’s CII policies contain certain exclusions, limitations and terms for keeping them in force. Product features and availability vary by state. There is a preexisting condition exclusion. There is a Benefit Suspension Period between Recurrences. Attained Age rates are based on 5-year age bands and will increase when a Covered Person reaches a new age band. Rates are subject to change. A more detailed description of the benefits, limitations, and exclusions applicable to CII can be found in the applicable Disclosure Statement or Outline of Coverage/Disclosure Document available at time of enrollment. For complete details of coverage and availability, please refer to the group policy form GPNP07-CI or GPNP10-CI, or contact MetLife for more information. Benefits are underwritten by Metropolitan Life Insurance Company, New York, New York.

MetLife’s Critical Illness Insurance is not intended to be a substitute for Medical Coverage providing benefits for medical treatment, including hospital, surgical and medical expenses. MetLife’s Critical Illness Insurance does not provide reimbursement for such expenses.



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