SALT LAKE COUNTY YOUTH SERVICES IS SEEKING DONATIONS OF SUPPLIES FOR EMOTIONAL FIRST AID KITS!

WHEN?
You can earn Healthy Lifestyles points by making a donation anytime throughout the month of September. Simply check it off on WellSteps to earn 10 points!

WHERE?
Donation bins will be located outside of the Healthy Lifestyles office (S3-840) and at the front desk of Youth Services from 8:30am to 4:30pm located at 177 West Price Avenue Salt Lake City, UT 84115. Try collecting donations together as an office and make one delivery!

WHY?
Emotional First Aid Kits serve to help children ages 4 to 18 develop resiliency and self-soothe during times of crisis, as well as the times leading just up to and just after crises.

PLEASE KEEP IN MIND:
These kits should be easily transportable.

You can put together your own kit by following the general guideline of suggested donations.

Try to include something that appeals to or soothes each of the senses.
DONATIONS NEEDED

ITEMS CAN ONLY BE ACCEPTED IF THEY ARE NEW AND STILL IN THEIR ORIGINAL PACKAGING. THANK YOU!

- Gallon-sized baggies or other large toiletry bags
- Snack-sized baggies
- Crayons
- Coloring books (fit in gallon baggie)
- Journals (fit in gallon baggie)
- Reading material such as small books or appropriate comics (fit in gallon baggie)
- Pencils or pens
- Stress balls
- Travel-sized lotion
- Travel-sized tissue packages
- Small protein snacks such as individually packaged beef jerky
- Small chocolates or other candies
- Small stuffed animals

You can also make a monetary donation to ShelterKids—an all-volunteer, non-profit organization. Contributions support the programs at Youth Services. Learn more!