

YOUTH SUPPORT GROUP

ONLINE
WEDNESDAYS 6:30PM

MENTAL HEALTH
SUBSTANCE USE
COPING SKILLS
COMMUNICATION SKILLS
ANGER MANAGEMENT



Life's challenges can be difficult to work through. We're here to remind you that you are not alone; together we will find a way to move forward.

Please contact

Salt Lake County Youth Services:

8781 South Redwood Road BLDG 3

West Jordan UT. 84088

385-468-4610

SLCO.ORG/YOUTH

