

# Be Safe Be Out Be Together Bingo Board

Wear Sunscreen While Doing an Outdoor Activity	Visit and Swim at one of Outdoor Pools	Go Technology Free for 24 Hours	Plan and Ride a Safe Bike Route in your Area	Watch a Sunset/Sunrise With Friends and Family
Visit a Locally Owned Restaurant	Play A Board Game With Friends/Family	Have a Picnic in a Salt Lake County Park	Learn About Life Jackets and how to Properly Wear One <a href="http://www.nps.gov/articles/life-jacket-wear">www.nps.gov/articles/life-jacket-wear</a>	Attend a Community Event
Tell 5 People you're Grateful for them and why	Identify 5 Star Constellations with Friends/Family	<b>FREE SPACE</b>	Try a new Outdoor Activity	Create a Basic First Aid Kit for Your Home
Read up on how to Properly Hydrate this Summer <a href="http://www.cdc.gov/disasters/extremeheat/heattips">www.cdc.gov/disasters/extremeheat/heattips</a>	Visit a Local Farmers Market	Do a Safety Check on your Bike	Get to know someone better by leaning an interesting fact about their life	Go for a hike on one of our local trails
Lend a helping hand to a friend or neighbor	Wear a helmet while on a bike ride/scooter ride/etc.	Check Out Equipment at a the Salt Lake County Parks Office and play a game with Friends/Family	Cook a meal with Friends/Family	Visit a park you have not visited before

