Patient Safety
March 16, 2016
The Institute of Medicine estimates 44,000 to 98,000 deaths occur each year due to medical errors.

An additional 100,000 deaths occur each year from hospital-acquired infections, half of which were preventable.

Probability of a patient dying in a hospital due to an human error is 1 in 300.
You can get better care when you know more

Being informed helps you make smarter choices:
- The right care
- Better results
Your relationship with your doctor is key

• It is a partnership
• Come prepared to your visits
  – Medications
  – List of questions
  – Paper and pen
  – Bring a family member or friend
• Talk to your doctor—speak up!
  – Ask questions
  – Get clarification
Don’t be afraid to say “Whoa!”

Ask questions:

– Do I really need this test or procedure?
– What are the downsides?
– Are there simpler, safer options?
– How much does it cost?
Imaging and screenings

- Know the facts
- How does it relate to your symptoms, care or disease
- Share your results with your doctors
A little prevention goes a long way

- Lifestyle choices have the largest impact on your health
- Taking care of yourself prevents health problems and saves you money
- Simple actions
  - Maintain a healthy weight
  - Pay attention to how you feel
  - Take action when you sense something is wrong
  - Get regular health care checkups and screenings

70% of diseases are preventable
Questions?
HealthyMe Medical Clinic

- Location:
  - SLCo Government Center
  - South Building; 2nd floor; S2-500
- Hours:
  - Monday – Friday, 9 am – 6 pm
- To schedule an appointment:
  - 385-468-0555