

# Café Menu October 2020

Lunch served from 11:30 AM - 1:00 PM

*Please call your center the day before to make a lunch reservation for the next day.*

*Draper Café 385.468.3330 Midvale Café 385.468.3350 Millcreek Café 385.468.3305*

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Suggested Donation: \$4.00</b> Donations can be made online at <a href="https://slco.org/aging-adult-services/donation/">https://slco.org/aging-adult-services/donation/</a></p>			1	2
			<p><b>Spaghetti &amp; Meatballs</b></p> <p>Green Salad Applesauce</p>	<p><b>Cilantro Pineapple Roasted Pork</b></p> <p>Jasmine Rice Fresh Fruit Sherbet</p>
5	6	7	8	9
<p><b>Lasagna</b></p> <p>Cup of Squash Applesauce Gelatin</p>	<p><b>Meatloaf</b></p> <p>Mashed Potatoes w/Turkey Gravy Wheat Roll Green Beans Strawberries</p>	<p><b>Pork Chop w/Tomato Caper Sauce</b></p> <p>Couscous Steamed Broccoli Cup of Fruit Pudding</p>	<p><b>Hot Turkey Sandwich</b></p> <p>Mashed Potatoes W/Turkey Gravy Steamed Corn &amp; Carrots Cup of Fruit</p>	<p><b>Bruschetta Chicken</b></p> <p>Jasmin Rice Corn &amp; Green Beans Fruit Sherbet</p>
12	13	14	15	16
<p><b>Roasted Chicken Thigh</b></p> <p>Mashed Potatoes Whole Wheat Roll Broccoli Cantaloupe Gelatin</p>	<p><b>Turkey Lasagna Alfredo</b></p> <p>Turkey with Lasagna Noodles topped w/ Alfredo Sauce Zucchini Cup of Fruit</p>	<p><b>Chicken Fajitas</b></p> <p>Chicken Breast in Flour Tortilla w/Bell Pepper &amp; Onion Rice &amp; Black Beans Pudding</p>	<p><b>Pork Chop</b></p> <p>Wheat Roll Sweet Potato Green Beans Applesauce</p>	<p><b>Cheese Ravioli</b></p> <p>Garlic Bread Green Salad Cup of Fruit Sherbet</p>
19	20	21	22	23
<p><b>Salisbury Steak</b></p> <p>Mashed Potatoes w/ Gravy Whole Wheat Roll Peas &amp; Carrots Cup of Fruit Gelatin</p>	<p><b>Lemon &amp; Dill Chicken</b></p> <p>White Rice Sauteed Kale Sliced Pear</p>	<p><b>Baked Sausage Ziti</b></p> <p>Green Salad Cup of Zucchini Cantaloupe Pudding</p>	<p><b>Sloppy Joe</b></p> <p>Tater Tots Coleslaw Cup of Fruit</p>	<p><b>Tacos</b></p> <p>Ground Beef in Flour Tortilla Spanish Rice &amp; Black Beans Green Salad Cup of Fruit Sherbet</p>
26	27	28	29	30
<p><b>Chicken Pot Pie</b></p> <p>Green Salad Cup of Fruit Gelatin</p>	<p><b>Beef Stroganoff</b></p> <p>Green Salad Cup of Fruit</p>	<p><b>Whole Grain Pepperoni Pizza</b></p> <p>Chicken Caesar Salad Cup of Fruit Pudding</p>	<p><b>Meatloaf</b></p> <p>Mashed Potatoes w/Turkey Gravy Wheat Roll Green Beans Strawberries</p>	<p><b>Halloween Special Meal</b></p> <p>Roasted Chicken Thigh Roasted Butternut Squash Green Beans Wheat Roll Fruit Brownie</p>

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments