



THE 916

THE OFFICIAL SLCO MEDICAL RESERVE CORPS NEWSLETTER
Sounds of Summer Edition



THIS MONTH'S FEATURES:

SUMMER HIGHLIGHTS.....2
 UPCOMING EVENTS.....3
 GALLERY.....4
 THE PREPAREDNESS CORNER.....5

Sounds of Summer

BRYAN LEWIS

This summer was a busy one for the Medical Reserve Corps of Salt Lake County! We have been forming new partnerships within the community and finding more ways we can improve the community's preparedness and resiliency to disasters! A few of the opportunities we have had to improve and give back to our communities have included volunteering at the Music Stroll as First Aid Staff, training in Stop the Bleed and becoming certified instructors for the Stop the Bleed program, creating Stop the Bleed kits, and creating new partnerships with HOSA!

In September and October, we will be participating in more events, such as sheltering exercises, radio communication and burn care training. We will also be providing first aid and screening at Project Homeless Connect in October. The Salt Lake County MRC's future is bright as we plan to collaborate with more organizations, such as CERT and the Red Cross, so make sure to stay tuned to the newsletter or check in with the MRC coordinator, Bryan Lewis to see what we are up to this week!



FUN IN THE SUN

SUMMER HIGHLIGHTS

Check out the highlights of the Salt Lake County Medical Reserve Corps (MRC) below! On behalf of the Salt Lake County Health Department, we also just want to say thank you to all the volunteers who have donated their time to give back to their communities and to be a part of such a wonderful organization! Thank you so much everyone!!!

~Bryan Lewis



HOSA

Bryan Lewis and Raul Garcia met with the State Advisor Denise Abbott and President Julie Abbott (pictured above) of HOSA- Future Health Professionals- to discuss a partnership with the Salt Lake County MRC! Safe to say it went very well, and we have solidified a partnership with the Summit Academy HOSA! We look forward to seeing how we can work together this fall!



STOP THE BLEED

We hosted our annual summer social this month and for our activity, we put together Stop the Bleed Kits! We all put together an individual kit to take home and put together 3 Trailer Stop the Bleed Bags for taking out to community events. In total we put together around 50 kits.



MUSIC STROLL

The MRC also got together and participated at the Music Stroll! We provided first aid, water and general information to individuals at the event! The Music Stroll aims to bring the Healing Power of Music to everyone. We definitely had the chance to experience that at this event, and all had a great time giving back to their community at this event!



INFORMATION AND EVENTS



WRN

The Salt Lake County MRC became an official Weather Ready Nation (WRN) Ambassador this summer! Weather-Ready Nation Ambassadors are communities and organizations that help their communities prepare for extreme weather events, such as tornados and floods, by taking advanced action.

The WRN program is run by the National Weather Service who selects the ambassadors by their commitment to preparing for extreme weather. With the MRC's main objectives being to prepare for disasters, this seems like a perfect fit! Congratulations SLCo MRC! The official logo is above, and you can find more information to the WRN program here - <https://www.weather.gov/wrn/about>

CALENDAR

SEPTEMBER

OCTOBER

September 21
Wound Kits MRC Meeting

September 21
Liver Life Walk

September 24
IHC Preparedness Fair

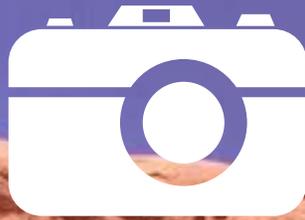
*More MRC Events Scheduled - Watch Utah Responds

October 5th
Triage Bag Inventory Day

October 19th
Burn Care Treatment MRC Meeting

October 25th
Homeless Connect





GALLERY

MEDICAL RESERVE CORPS IN PHOTOS

Top Left- MRC Summer Social ---- Top Right- Harry Watt at Music Stroll ---- Middle Right- Stop the Bleed Kits
Bottom Left- MRC at Music Stroll ---- Bottom Middle- Medical Cot at Music Stroll ---- Bottom Right- Music Stroll





THE PREPAREDNESS CORNER

Welcome to the Preparedness Corner. Every quarter we will add new information on ways to better prepare ourselves and our communities for certain events.

This quarter we will focus on wildfires and how to better prepare, shelter in place, evacuation and watches and warnings.

Preparing for Wildfires

A wildfire is an unplanned fire that burns in a natural area such as a forest, grassland, or prairie.



Often caused by humans or lightning.



Can cause flooding or create problems with transportation, gas, power, and communications.



Can damage your property. Set up defense zones to protect your home.



Can happen anywhere, anytime. Risk increases with little rain and high winds.

IF YOU ARE UNDER A WILDFIRE WARNING, GET TO SAFETY RIGHT AWAY

Leave if told to do so.



Listen for emergency information and alerts.

If trapped, call 911.



Use an N95 mask to keep particles out of the air you breathe.



THE PREPAREDNESS CORNER

Prepare NOW

Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.

Know your community's evacuation routes and find several ways to leave the area. Drive the evacuation routes and find shelter locations. Have a plan for pets and livestock.

Gather emergency supplies, including N95 respirator masks that filter out particles in the air you breathe. Keep in mind each person's specific needs, including medication. Don't forget the needs of pets.

Keep important documents in a fireproof safe. Create password-protected digital copies.

Use fire-resistant materials to build, renovate, or make repairs.

Survive DURING

Evacuate. Leave immediately if authorities tell you to do so.

If trapped, call 911 and give your location, but be aware that emergency response could be delayed or impossible. Turn on lights to help people find you.

Listen to EAS, NOAA Weather Radio, or local alerting systems for current emergency information and instructions.

Use an N95 mask to keep particles out of the air you breathe.

Be Safe AFTER

Listen to authorities to find out if it is safe to return and whether water is safe to drink.

Avoid hot ash, charred trees, smoldering debris, and live embers. The ground may contain heat pockets that can burn you or spark another fire. Consider the danger to pets and livestock walking the ground.

Send text messages or use social media to reach out to family and friends. Phone systems are often busy following a disaster. Make calls only in emergencies.

Document property damage with photographs. Conduct an inventory and contact your insurance company for assistance.



THE PREPAREDNESS CORNER

The Difference Between a Red Flag Watch and Warning

Red Flag Warning

The NWS issues a Red Flag Warning, in conjunction with land management agencies, to alert people to an ongoing or expected **critical fire weather** pattern.

Critical fire weather conditions are either **occurring now, or will shortly**. Be extremely careful with open flames.

Take action.

For more information on Wildfires and other hazards go to <https://www.ready.gov/wildfires>

Fire Weather Watch

A Fire Weather Watch alerts land managers and the public that upcoming weather conditions could result in extensive wildland fire occurrence or extreme fire behavior.

A watch means critical fire weather **conditions are possible** but not imminent or occurring.

Be prepared.

weather.gov/fire



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