

Welcome to the Community Aid Teams Just in Time training! This Just in time training aims at giving you a basic overview of a CAT team. As you may have seen the CAT Trainings you went through in the adobe document covered a mixture of Incident Command, Sheltering, and community aid protocols and more. These trainings reflect the vastly wide tasks the CAT teams may be asked to volunteer in and provide a basic foundation to the team.

Community Aid teams are basically the rapid response arm of the Salt Lake County MRC. The CAT Teams mostly focusses on Community events and providing basic aid at these events, hence the name community aid teams. In Emergencies CAT Teams commonly support, vaccination events, alternative care sites, medical sheltering and more. In Non-emergencies CAT Teams participate in Community events doing blood pressure screenings, flu vaccinations, operating first aid stations at marathons and other events. CAT Teams participates in non-emergency events such as these so they can exercise their skills in low pressure settings.

With that being said, we hope this training below via the link will offer you some valuable insight on our biggest team within the unit and why CATs are so important! Thank you again for participating in this JIT Training!

Some things to keep in mind while going through this training:

CAT Teams should be prepared to deploy within 24-72 hours for emergencies

CAT Teams is sometimes asked to help with 1 shift a week during an emergency at a minimum

CAT Teams and all MRC volunteers utilize When I Work for scheduling.

CAT Teams focus mostly on Community Events focusing on medical aid operations.

All CAT members whether non-medical or medical should have a basic understanding on medical processes, hence the recommended training being Stop the Bleed and Until Help Arrives.

CAT's were created to be the rapid response arm of the MRC as almost all MRC's across the country do not have a formally trained rapid response team. Making this CAT team one of the first. CAT Teams will usually deploy out for an emergency within 24-72 hours and assist with BLS level care (adjustment may be made for higher level of care during a disaster if needed.

CAT's help during non-emergent settings such as community events like marathons so they can practice their skills.

CAT's being some of the first deployed for events will usually need to think outside of the box as plans and equipment are in their initial phases of deployment.

All CAT members should have a go kit (MRC badge, uniform, medical license (if medical))

CAT members can join other teams within the MRC

Just in time training on site might be required for specialty operations (vaccinations)

Remember this is a Just in Time Training – it gives you breadth of knowledge of CAT's not in depth. More in-depth training is available for higher tier level trainings.

Training Links

CAT Recording:

<https://slco.webex.com/recordingservice/sites/slco/recording/e0d88ac7c4ad103aa7bd005056811f4e/playback>

If you have trouble accessing the recording here is just the PowerPoint:

[https://slcounty.sharepoint.com/:p:/r/sites/HealthEmergencyManagementGroup/_layouts/15/Doc.aspx?sourcedoc=%7BE0AA00AF-0152-472B-BBA3-F166BE3E8930%7D&file=Community%20Aid%20Teams%20\(CAT%E2%80%99s\).pptx&action=edit&mobileRedirect=true](https://slcounty.sharepoint.com/:p:/r/sites/HealthEmergencyManagementGroup/_layouts/15/Doc.aspx?sourcedoc=%7BE0AA00AF-0152-472B-BBA3-F166BE3E8930%7D&file=Community%20Aid%20Teams%20(CAT%E2%80%99s).pptx&action=edit&mobileRedirect=true)

Other Important Links for reference (**Check mark means part of** your onboarding trainings already)

- ❖ Blood Pressure Documents - <https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:422e0368-234b-3cc5-afcc-356e30b61c42>
- ❖ Until Help Arrives - <https://community.fema.gov/until-help-arrives>
- ✓ General Community Aid Plan (Marathon plan 2022 is the basis of all other CAT plans)
- <https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:5cd66421-55a4-3165-80ca-99fa7837f6a2>
- ✓ General Community Aid Plan PPT
- <https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:e92363e2-2c2f-3fb2-b332-f96d19adc4ed>
- ✓ Communication Basic Training - https://slco.org/globalassets/1-site-files/health/programs/emb/mrc_radio_training.pdf