

Interested in PrEP?

Needs-to-know for your HIV prevention strategy

Before a doctor can prescribe PrEP (Truvada), you need to:

- Find a doctor that is trained to prescribe and maintain the proper protocol for PrEP. Not sure how to find a doctor? Ask your local HIV testing program or a trusted friend who is on PrEP.
- Have an office visit with the doctor where he or she evaluates your risk of HIV exposure based on your sexual activities.
- Being honest and open with your doctor is very important.
- Be tested for HIV test to confirm you're currently negative for HIV
- Be tested for Hepatitis B
- Be tested for healthy kidney functions
- Confirm that you're not taking other HIV or Hepatitis B medications
- Understand that while PrEP is generally considered safe for most people, there are known safety risks associated with any medication.
- For women: Undergo a pregnancy test and decide if PrEP is still right for you if you're pregnant

Once you're on PrEP, you must:

- Take the medication as prescribed every day
- Visit your doctor every 2-3 months for mandatory lab tests, including an HIV test and kidney function test
- Monitor yourself for side effects of PrEP and contact your doctor with any concerns
- Remain honest and open with your doctor
- Understand that PrEP is only one part of your personal strategy to reduce your risk of STDs

Additionally, when you're on PrEP, it is highly recommended that you:

- Be tested regularly for gonorrhea, chlamydia, and syphilis
- Strongly consider receiving a Hepatitis B vaccine
- Continue practicing safer sex consistently, however you choose to define that for yourself

*For more information about PrEP,
contact the STD Clinic and Prevention
Program at 385-468-4242.*